

Welcome To Our Quarterly Newsletter

April To June 2022



FEATURED ARTICLE

The Queen's Platinum Jubilee Party at Sandgate

Sandgate Manor hosted a party for all residents, staff, family and friends. The weather was kind and a lot of fun was had by all... **FIND OUT MORE ON PAGE 04**



FEATURED ARTICLE

Holiday Home – The Mumbles

More of our staff members have been to the Mumbles these last few months.... **FIND OUT MORE ON PAGE 12**



Featured Articles



Team Member
Of The Month

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Introduction from Sally

Hello everyone

Welcome to the latest edition of our newsletter. This quarter has been momentous with us celebrating Easter and the Queen’s Jubilee. There are lots of photographs of the people we support and staff having a great time with the Easter bonnet competition and the Jubilee party at Sandgate Manor. Thank you to everyone who made these events special.

I would like to take this opportunity to welcome our new residents across the group and all our new recruits that have joined the Wellgate team. Please continue to capture and send in your good news stories, we love to hear about them.

Sally Wheeler
Operations Director



Easter In
The Homes



08

Our mission: Be the best in class specialist care operator in our three regional areas working closely with families, individuals and other local stakeholders.



Support Worker of
the Year Award
Finalist 2022



Care Group of the Year
Finalist 2021



The Supported
Housing Award
Finalist 2021



The Great Autism
Practice Award
Finalist 2021

The Queen's Platinum Jubilee Party at Sandgate

Sandgate Manor hosted a party for all residents, staff, family and friends. The weather was kind and a lot of fun was had by all. Megan the chef did an amazing spread of so many delicious foods.



Tristford held their own Jubilee Party

Lots of delicious food was prepared for all residents and staff and they had a very enjoyable celebration.



The Right Royal Quiz

During the celebrations all homes took part in the jubilee quiz at Sandgate and the results are below:



2nd

1st

3rd



Resident Matthew and his mum & dad



Team Millfield



Resident Chereen, and her mum & sister

Easter In The Homes

Each of the care homes in Folkestone shared some snaps from the Wellgate Easter bonnet competition, there were some extremely impressive bonnets and Millfield won 1st prize. The prize for the winning home was a delicious fish and chip supper for the residents and staff.



Baby Molly visits head office!

Sophie Albert, who works in finance at the London office, recently visited with baby Molly. Molly even got to discuss business with Wellgate Chairman Simon Hill.



Activities in the Homes

Sandgate has recently enjoyed an afternoon of arts and crafts and then bingo – whilst Burnham enjoyed an afternoon of gardening and indoor bowling.

Arts and crafts at Sandgate



Bingo At Sandgate



Gardening At Burnham



Residents visit Kearsney Abbey and have lunch out

All residents and staff had a very enjoyable sunny day out. Happy smiles all round.



Holiday Home – The Mumbles

More of our staff members have been to the Mumbles these last few months, and plenty more are booked in to go over the summer months. They have been lucky enough to get some fabulous weather.

Here are some of their holiday snaps from their trips...



If you would like the chance to go with your family and friends, and you have been working with the company for more than 6 months, then please email Millie at holiday@wellgatehealth.com for more information, the availability and how to book.

Wellgate Team Member of the Month

We are so grateful to all our Wellgate team for the hard work that is continuously put in and we wanted to recognise this. The prize is a £25 Amazon voucher, a bottle of prosecco, a box of chocolates and a thank you card.

For March, our team member of the month was Terri Abbott, Deputy at Sandgate Manor. During covid Terri helped us to ensure all infection control processes were followed, that we had adequate staffing to be safe, and kept everything running. Having her on site was an absolute godsend!



For April, our team member of the month was Jodie Baker from The Lodge in Bexhill. Jodie goes above and beyond at every opportunity, has a great relationship with all of the tenants and is a great colleague to all of the staff in the service and is well liked by all of the families.

For May, our team member of the month was Caroline Main from Sandgate Manor. Caroline was nominated by her manager Kelly for going above and beyond recently – covering shifts at the last minute, spending hours at the hospital with clients, always being in a bubbly and friendly frame of mind.



Our Team Member of the Month for June is Dan Hixon from Tristford, he has been nominated by Kelly. He has really stepped up whilst we don't have a Deputy, and he has had great feedback from both families and visiting professionals.



Meet...

Helen Dyball
Head of HR

Helen joined us as Head of HR in February 2022, so we thought it would be really nice to find out a little bit more about her:



1. How long have you worked at Wellgate and what roles do you have?

I am Head of HR and have been with Wellgate since 21 February 2022.

2. What is your current daily routine and your responsibilities?

I am responsible for everything to do with people, providing HR support to all colleagues at Wellgate. This starts with recruiting the best candidates to work with us and making sure they are welcomed to Wellgate. I am here to support with all people related matters from helping with advice about someone’s work, guidance on career progression, and employee relations. One of the projects I am currently working on is looking at ways to ensure Wellgate is an employer of choice and is recognised as a great place to work, providing excellent benefits and rewards to our staff.

3. What do you most like about your job?

I love the variety – no two days are the same, and the fact that I work with an awesome team.

4. What would you want to do if you weren’t working for Wellgate?

I love cats and I would probably set up a rescue centre and sanctuary to look after as many of them as I could!

5. What’s your favourite movie?

The Jungle Book (Walt Disney animated film) – I never get bored of it no matter how often I watch it!

6. Who past or present would you like to have dinner with and why?

I would love to have dinner with someone entertaining and quick witted – perhaps Stephen Fry or Oscar Wilde.

7. Surprise us with something we could never know about you?

I lived in South Africa for 24 years and love the wildlife. I have ridden an ostrich and taken an elephant for a walk.



Recipe of the Quarter

All the Cheesy Greens. Millie Powell works in our London Office as our Project and Marketing executive, and is also responsible for booking the holiday home.

‘Ever since I was younger, my parents always had a difficult task trying to feed me vegetables. I have always enjoyed the foods not so good for you, so when my parents introduced cauliflower cheese to our Sunday roasts, I was overjoyed. When I found this recipe by MOB Kitchen, I had to make it straight away. Peas, broccoli, and Kale are now my favourite vegetables, so to have cheesy peas, broccoli and Kale altogether is very exciting!’



Ingredients

- 1 x pointed cabbage
- 1 x broccoli head
- 75g butter
- 75g plain flour
- 750ml whole milk
- 200g hard cheese
- 1 x tbsp Dijon mustard
- 200g frozen peas
- 4 x large handfuls of kale
- 2 x tbsp white wine vinegar
- 2 x chicory or romaine lettuce heart
- Olive oil
- Salt and Black pepper
- Garlic bread, to serve with



Method

- Preheat your oven 200c / gas mark 7
- Cut the cabbage and broccoli into four wedges. Keep the stalk on the broccoli (it’s the best bit. Spread out on to a medium high sided roasting tin or baking dish. Drizzle with a good amount of olive oil and season with salt and black pepper. Roast in the oven for 15 minutes.
- Meanwhile, make the cheese sauce. Get a medium saucepan over a medium heat. Add the butter and let it melt. Stir in the flour and cook for 1 minute. Gradually pour in the milk, whisking as you go to keep the sauce lump free. Bubble away for 5 minutes, stirring, until thickened. Grate in three quarters of the cheese. Once melted add 1 teaspoon of the mustard and season with salt and black pepper.
- Tip the frozen peas into the roasting tin, scatter over the kale the pout over the cheese sauce. Grate the remaining cheese on top. Bake in oven for 20-25 minutes until bubbling and golden brown.
- Salad time – whisk the remaining mustard and white wine vinegar together in a bowl with 4 tablespoons of olive oil to create a dressing. Season to taste with salt and pepper. Slice the lettuce and mix everything together in the bowl.
- Serve the cheesy greens out of the pan with the salad and some garlic bread for people to help themselves.



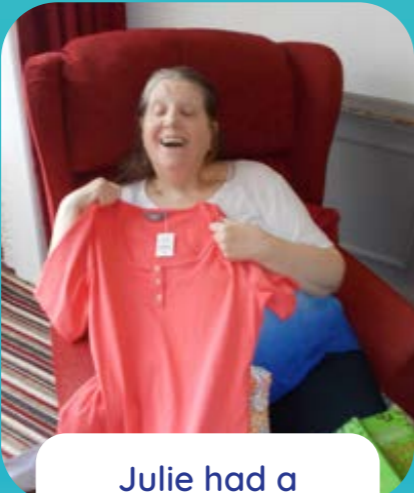
Happy Birthday To Our Residents And Tenants

Christophe Frappart 30th June (Millfield)
Jeffrey Birtwistle 14th April (Burnham)
Julie Luff 17th May (Burnham)
Lisa Masters 22nd June (Tristford)
Terry Sharp 12th April (Tristford)

Kevin Valentine 12th May (The Lodge)
Keith Phillips 1st April (Sandgate)
Emma Plumptre 5th April (Sandgate)
Chris Hannah 26th May (Sandgate)
Lesley Holbrook 3rd June (Sandgate)



Some of the birthday celebrations



Julie had a birthday May 17th



A Very Warm Welcome To All Our New Staff Members:

Alfie Fuller, Support Worker, Bexhill
Angel-Elise Howlett, Care Assistant, Sandgate Manor
Ben Green, Care Assistant, Sandgate Manor
Chloe Ames-Stewart, Care Assistant, Tristford
Dee Napier, Service Manager, Worksop
Derek Waite, Night Care Assistant, Millfield
Emily Moore, HR / Admin, North
Heidi Louise Young, Care Assistant, Sandgate Manor
Jayne Bigger, Service Manager, Worksop & North
Katie Harrison, Care Worker, Tristford

Kayleigh Roberts-Twemlow, Support Worker, Sandbach
Kim Chantler, Care Assistant, Tristford
Luke Harrison, Talent Acquisition Manager, London
Mark Terry, Support Worker, New Romney
Michael Fullagar, Care Assistant, Sandgate Manor
Michelle Bennett, Service Manager, Sandbach
Nattashia Bartley, Care Assistant, Sandgate Manor
Sharon Smith, Day Care Assistant, Sandgate Manor
Sophie Needham, Deputy Manager, Sandbach

A Big Welcome To The Following Residents & Tenants:

Mohammed Siddiq – Tristford



And we are sad to say goodbye to the following staff leaving

Lin Birchley from Sandgate worked with Wellgate / MNP for a total of 25 years – we wish her a very happy retirement.



Carol Godwin, Area manager, Sandbach
Colette Griffiths, Scheme Manager, Sandbach
Deb Gregory, Regional Director, Sandbach
Sharon Rowell, Support Worker, Sandbach
Charlotte Robertson, Support Worker, Sandbach
Elvira Wheaton, HR Manager, London Office
Holly Heath, Support Worker, Sandbach

Harry Brothwood, Project & Acquisition Assistant, London
Leon Rowell, Support Worker, Sandbach
Linda Birchley, Deputy Manager, Sandgate Manor
Linda Dobson, Support Worker, Sandbach
Shannon Laverty, Support Worker, Sandbach
Simon Haines, Support Worker, Sandbach

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Please send your email address to: info@wellgatecare.com

Start looking forward to receiving the next issue, thank you.

Don't Forget To Like Our Social Pages!



Clocking Up The Years

Congratulations and thank you to the following staff who have been working for MNP / Wellgate for over 10 years this quarter:

Lisa Syrett – Personal Carer – Sandgate – 10 years
Dominique Le Goff – Day Care Assistant – Burnham – 11 years
Cassie Donnelly – Deputy Manager – Millfield – 15 years
Stacey Dowling – Flexi Care Assistant – Sandgate – 17 years
Pat Harris – Care Assistant Nights – Burnham – 17 Years
Elida Fuller – Night Care Team Leader – Sandgate – 18 years
Sharon Todd – Home Manager – Burnham – 27 years



And Finally... Nothing Wrong With A Little Bit Of Self-Promotion

These days whether it's a hotel, restaurant or taxi driver, life is measured through reviews and as with many other care homes we need to actively promote the fantastic work of our staff and the homes more generally. Would you be happy to write a review about the home you or your family member lives in? If so, please speak to your manager to fill in the form or visit carehome.co.uk to fill in the online review form. Thanks very much.



Do You Want To Make A Difference?

Careers available at Wellgate

Join our dedicated teams providing care and support to adults with disabilities. We provide outstanding person-centred care to the people we support, enabling them to live the lives they choose.

If you know of any friends, family or acquaintances who would be well-suited to work as a carer in any of our homes, please ask them to get in touch or find out more on our careers pages on our website.

[wellgate.com](https://www.wellgate.com)

“Our Care Assistants play a vital role in providing outstanding, person-centred care to the people we support, enabling them to live the lives they choose.

Working in care can be fulfilling, fun, challenging, full of variety.”





We Want To Hear From You...

...About What's Going On
Across Our Homes At Wellgate!

EVENTS | ACTIVITIES | TRAINING | NEWS | FUNDRAISING

Please email your news and pictures to:
info@wellgatecare.com to be included
in the next issue, thank you

Recruit A Friend

If you know any friends or family who would be well-suited to work as a carer in any of our homes, please ask them to contact our HR/ Careers department on...

01303 761 101

If they are successful we will give you £150 as a thank you!

