

Welcome To Our Quarterly Newsletter

July To September 2022



FEATURED ARTICLE

Pride party at Sandbach

Pride party at Sandbach was full of smiles and lots of laughs. There was an emotional moment where Carl, one of our residents made a lovely speech thanking all of the staff for everything they do. **FIND OUT MORE ON PAGE 04**



FEATURED ARTICLE

Introducing Club Wellgate!

We are thrilled to announce that all Wellgate/MNP staff members will become a member of Club Wellgate after passing their 6-month probation. **FIND OUT MORE ON PAGE 17**

Featured Articles



Holiday Home
– The Mumbles



Sky Dive to raise
money for MNP
Complete Care

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Introduction from Sally

Hello everyone

I would firstly like to acknowledge the sad passing of Her Majesty, Queen Elizabeth II at Balmoral 8 September 2022. The Queen, our longest reigning monarch, was admired and held in great affection across the UK and the world and I know that many of you will also be greatly upset by her passing. We extend our condolences to the Royal Family. Charles will soon be officially crowned King Charles III where it is believed that he will take the same approach to his role as his mother took to being queen.

It certainly feels like we have had a real summer this year which I hope you have all been able to enjoy. Check out our fantastic snaps capturing the fun people have had as well as an informative read about ‘choice’ This is our theme this quarter.

Welcome to all our new staff, we look forward to working with you.

Best wishes,

Sally Wheeler
Operations Director

Our mission: Be the best in class specialist care operator in our three regional areas working closely with families, individuals and other local stakeholders.



Support Worker of the Year Award
Finalist 2022



Registered Manager Award
Finalist 2022



Care Group of the Year Award
Finalist 2021



The Great Autism Practice Award
Finalist 2021



The Supported Housing Award
Finalist 2021

Activities in the Homes

Pride party at Sandbach

Pride party at Sandbach was full of smiles and lots of laughs. There was an emotional moment where Carl, one of our residents made a lovely speech thanking all of the staff for everything they do. They all enjoyed playing lots of games such as charades, bingo and a pride quiz.



Queen Elizabeth II

In the last newsletter we were celebrating and sharing our jubilee stories in the homes



In this latest issue we mourn and reflect on Queen Elizabeth II magnificent reign. Sandbach made a tribute to her royal highness at The Old Printers.



Sandbach newsletter

Michelle Bennett the Service Manager at Sandbach has now started issuing a monthly newsletter full of information promoting their weekly movie nights, weekly bingo nights, local events in the area.

LATEST NEWS



Activities in the Homes

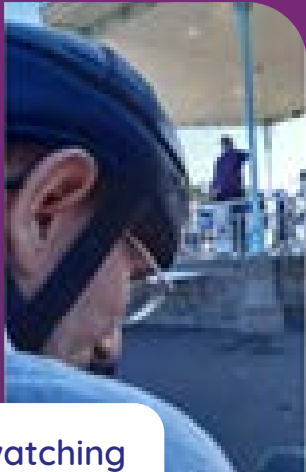
What the Burnham residents have been up to this quarter



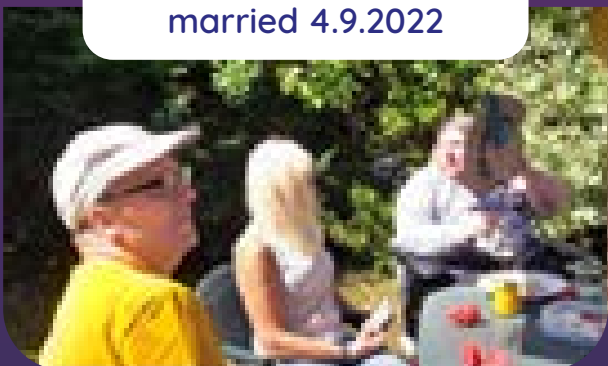
Julie & Allie playing cards with Selina



Julie & Jeff watching Julie's daughter up the Leas bandstand



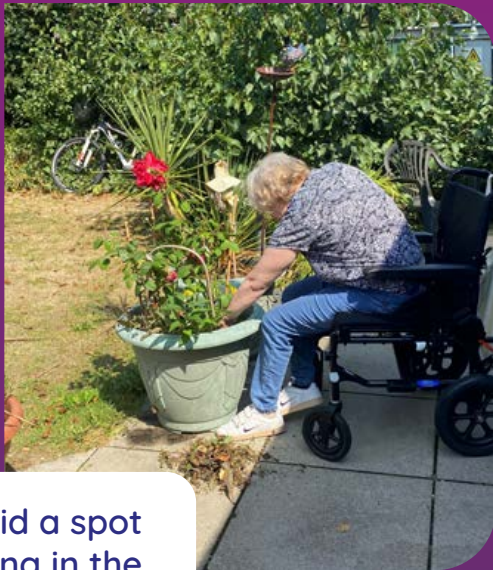
Natalie a carer having a wedding barbeque, married 4.9.2022



Green Fingers in Sandbach and Tristford



Tristford did a spot of gardening in the sunshine



Carl Barnet grew this plant from a cutting for the staff office



Activities in the Homes

Delicious Ice creams for Sandgate staff and residents on a sunny summer day



Theatre Trip

One of our residents, Joe, was supported to go to the theatre in London last night to see Beauty and The Beast, starring Sam Bailey. He even managed to grab some pics with the star herself!



Activities in the Homes

Sky Dive to raise money for MNP Complete Care

Vikki from Millfield bravely completed a sky dive to raise money for MNP Complete Care! She enjoyed the adrenaline rush and is now looking for the next challenge! We will be sure to let you know what that will be.



Bingo Night in Sandbach



Holiday Home - The Mumbles

More staff members have been to the Mumbles over the summer months including Kelly and her mum where she celebrated her 70th Birthday. They have all been lucky enough to get some fabulous weather and here are some of their holiday snaps from their trips.



HOME FOR THE
holidays



If you would like the chance to go with your family and friends, and you have been working with the company for more than 6 months, then please email Millie at holiday@wellgatehealth.com for more information, the availability and how to book.

Thank you note from Angela Clarkin – Finance Manager

“Just to say a huge thank you from myself and my family for the wonderful week we had last week at the Mumbles house. We had such a great time enjoying the local beaches and bays and exploring the local area. The weather was unbelievably kind to us as well. Such a lovely part of the country and an area we had never visited before but we definitely plan to visit again.

The holiday house is an extremely generous benefit to provide, and it was greatly appreciated. Thank you so much.”

Thank You!



Introducing Club Wellgate!

We are thrilled to announce that all Wellgate/MNP staff members will become a member of Club Wellgate after passing their 6-month probation.

Club Wellgate will give our staff members a Blue Light card which has lots of different discounts at retailers, 24 hour online GP, up to a weeks free stay in our holiday home in the Mumbles and login details for our monthly prize draws which will include trips to the zoo, hotel stays, days out etc.



Club Wellgate



Theme of the Quarter by Sally Wheeler



Our Values are Compassion, Independence and Standards.

To deliver our company values, we need to ensure that those being supported have as much voice, choice and control as they want in their own unique circumstances. This means avoiding assumptions about people's wishes and abilities, as well as rigid, impersonal, "time and task" approaches, and instead building real relationships with people.

We will give people the relevant information and support when they need it to make sure they understand the choices available to them.

If someone makes an informed choice/decision, they have investigated the positive and negative implications of the decision together with considering any alternatives. I.e. they have been given appropriate information to weigh up the implications of a range of alternatives before then making a choice in the light of this information. If they are making an uninformed choice/decision, they are making a choice without knowing its full implications or about the alternatives open to them.

To promote the dignity of all individuals they should be fully involved in any decision that affects their care, including personal decisions (such as what to eat, what to wear and what time to go to bed), and wider decisions about their care or support.

We need to demonstrate through every interaction with those being supported, that they are being provided with competent and compassionate care and support, building on what the person they are, can do for themselves too.

We must do everything reasonably practicable to make sure that people who use the service receive person-centred care and treatment that is appropriate, meets their needs and reflects their personal preferences, whatever they might be.

In some cases, people's preferences for their care or treatment may not meet their needs. Where this is the case, and people lack mental capacity or are detained under mental health legislation, providers must act in accordance with the Mental Capacity Act 2005 and/or the Mental Health Act 1983.

How you can help individuals to make an informed choice.

There are a number of ways you can help an individual make an informed choice:

- ✓ You can explain options and information.
- ✓ You can help find people who can share their experiences or ask for help of specialist workers.
- ✓ Support people to involve other people they trust like friends or relatives.
- ✓ Use a method of communication that the individual is familiar with e.g. pictures / objects of reference/ sign language
- ✓ An advocate might be an additional option to help someone to make a decision where they need additional help to understand and consider their options and the risks.
- ✓ Object reference, showing the person all the options and enable them to point to the one they wish to choose
- ✓ Providing each alternative in a different shaped cup, mug or glass so that they associate a particular drink with a particular piece of crockery.

Meet...

Michelle Bennett
Service Manager at Sandbach

Michele joined Wellgate Support in June 2022 so we thought it would be lovely to find out a little bit more about her:



Michelle Bennett



Recipe of the Quarter

Strawberry Mallow Mousse.

This quarters recipe is from Andrea Morrison who works in the MNP finance team down in Folkestone.

“I made this for the first time last summer, it’s so simple and so delicious and has since become a regular dessert and a family favourite! Especially with our two year old grandsons, so I always have strawberries on my shopping list!”

1. How long have you worked at Wellgate Health and what roles do you have?

I have worked for Wellgate since June 2022 in the role of Service Manager at The Old Printers, Sandbach.

2. What is your current daily routine and your responsibilities?

I currently manage the daily operations of The Printers, providing high quality care for the people we support. I am currently busy recruiting and training a new staff team. I work with external professionals from a range of different community teams in the local area. I manage the compliance and standards for the service to keep everyone safe.

3. What do you most like about your job?

I love supporting people to achieve the very best that they can in every aspect of their lives, I like to make things fun and firmly believe that positive risk-taking shows people what they can achieve with the right support. I love mentoring staff to work effectively with everyone that we support, providing training and experience that helps them to support people in the best way for them, offering choice and providing opportunities for independent living. My favourite

thing is seeing the people that we support and staff happy and enjoying life at the Old Printers.

4. What would you want to do if you weren’t working for MNP/Wellgate Care?

I have always wanted to be a funeral director.

5. What’s your favourite movie?

Shirley Valentine – a bit dated but still makes me smile and makes me think that anything is possible!

6. Who past or present would you like to have dinner with and why?

I would love to have one more dinner with my Nan, I miss her smile, kindness and understanding and she was a great cook!

7. Surprise us with something we could never know about you?

I once went on holiday to China, with the highlight of the trip holding a panda cub. On the day of the trip, I was excited and looking forward meeting a panda cub only to find that I was at the wrong zoo in the wrong region of China, so sadly I never got to hold a panda cub. I was lucky enough to still see pandas at zoo and they were amazing.



Ingredients

- 250 grams strawberries
- 25 grams caster sugar
- 150 grams mini marshmallows
- 200 ml double cream



Method

- Put all but a few berries in a pan with the sugar and 100ml water and over a medium heat, cook until just soft enough to mash.
- Take off the heat and squash until pulpy.
- Add the marshmallows and stir until melted. Leave to cool.
- Whip the cream until it just holds its shape and fold together with the strawberry mix.
- Pile into glasses and chill for 2 hours.
- Top with slices of the reserved strawberries and serve!



Happy Birthday To Our Residents And Tenants

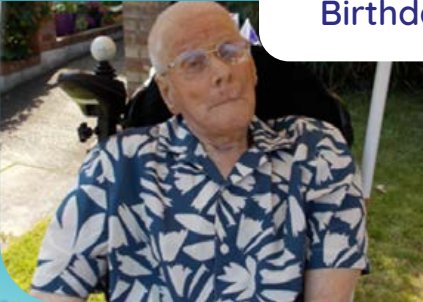
Stacey Hawkes 5th July (Millfield)
Steve Fawcett 7th August (Millfield)
Terry Burstow 15th July (Burnham)
Donna Hairsine 1st August (Sandgate)
Leslie Snapes 14th August (Sandgate)

Adam Cartlidge 29th August (Sandgate)
Alison Laker 5th September (Sandgate)
Shaun Herfort 27th August (The Lodge)
Clive Pearson 6th July (Tristford)
Jane Crammond 29th July (Tristford)

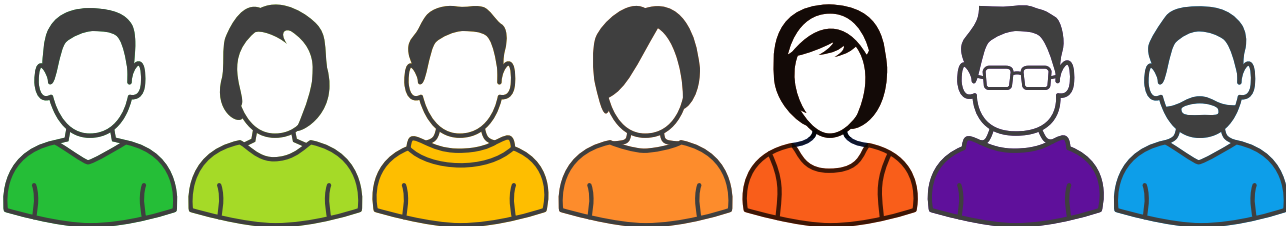
Some of the birthday celebrations



Paul Youngs
40th Birthday



Terry Burstow's
Birthday BBQ



A Very Warm Welcome To All Our New Staff Members:

Nattashia Bartley, Care Assistant
Nalima Thapa, Full Time Care Worker – Tristford
Charlie Burgin, Care Assistant
Tracy Wraight, Service Manager – New Romney
Mandy Willis, Support Worker
Carla Burgin, Care Assistant
Karen Griggs, Care Assistant
Kelsey-Mae Carter, Care Assistant
Sarah Johnson-Perkins, Domestic
Stephen Hobbs, Care Assistant
Chloe Borgioli, Care Assistant
Kay Smith, Domestic
Paul Manser, Care Assistant
Anne-Marie South, Deputy Manager
Jenny Yates, Support Worker
Daniel Pretlove, Support Worker

Roya Carey, Support Worker
Michaela Townsend, HR Recruitment Admin
Shannon Laverty, Support Worker
Gregory Jones, Support Worker – Sandbach
Sammi-Jo Thompson, Support Worker – Sandbach
Byron Mugwagwe, Waking Nights – Sandbach
Catherine Broad, Support Worker – Sandbach
Ceri Owen, Support Worker – Sandbach
Donna Reynolds, Support worker
Gerrie Fraser, Support Worker
Tom Perry, Acquisition Executive
Tara Penn, Regional Manager
Thelma Lartey, Acquisition Assistant / Project Assistant

A Big Welcome To The Following Residents & Tenants:

XXXX XXX

And we are sad to say goodbye to the following staff leaving



Stacey Dowling, Flexi Care Assistant
Jan Tomlinson, Day Care Assistant
Sobha Gurung, Night Care assistant
Kelly Parker, Home Manager
Luke Pitkin, Day Care Assistant
Kay Brookes, Regional Manager

Gabbi Freeman, Administrator
Lorraine McLaren, Care Assistant
Lorna Sturgess, Support Worker
Michael Fullagar, Care Assistant
Shannon Barlow, Support Worker
Shaily Saha, Care Assistant

Subscribe to our newsletter



Interested..?

If you enjoy reading the newsletter and would like a more regular immersive experience, why don't you signup to our newsletter and be the 1st to receive the next issue straight to your inbox..?

Please send your email address to:
info@wellgatecare.com

Start looking forward to receiving the next issue, thank you.

Don't Forget To Like Our Social Pages!



Clocking Up The Years

Congratulations and thank you to the following staff who have been working for MNP / Wellgate for over 10 years this quarter:

Valerie Dugard - 16 years
Sue Ellis - 16 years
Clive Godden - 18 years

And finally... Nothing wrong with a little bit of self-promotion

These days whether it's a hotel, restaurant or taxi driver, life is measured through reviews and as with many other care homes we need to actively promote the fantastic work of our staff and the homes more generally. Would you be happy to write a review about the home you or your family member lives in? If so, please speak to your manager to fill in the form or visit carehome.co.uk to fill in the online review form. Thanks very much.



Do You Want To Make A Difference?

Careers available at Wellgate

Join our dedicated teams providing care and support to adults with disabilities. We provide outstanding person-centred care to the people we support, enabling them to live the lives they choose.

If you know of any friends, family or acquaintances who would be well-suited to work as a carer in any of our homes, please ask them to get in touch or find out more on our careers pages on our website.

[wellgate.com](https://www.wellgate.com)

“Our Care Assistants play a vital role in providing outstanding, person-centred care to the people we support, enabling them to live the lives they choose.

Working in care can be fulfilling, fun, challenging, full of variety.”





We Want To Hear From You...

...About What's Going On Across Our Homes At Wellgate!

EVENTS | ACTIVITIES | TRAINING | NEWS | FUNDRAISING

Please email your news and pictures to:
info@wellgatecare.com to be included
in the next issue, thank you

Recruit A Friend

If you know any friends or family who would be well-suited to work as a carer in any of our homes, please ask them to contact our HR/ Careers department on...

01303 761 101

If they are successful we will give you £150 as a thank you!

