

# Welcome To Our Quarterly Newsletter

October To December 2022



## FEATURED ARTICLE

### Outstanding Team Member Of The Quarter – Eileen Goddard

Eileen Godden, our Home Manager at Sandgate Manor is the recipient of our first 'Outstanding Team Member' Quarterly Award.

**FIND OUT MORE ON PAGE 05**



## FEATURED ARTICLE

### Santa Visits Sandgate

**FIND OUT MORE ON PAGE 06**

# Featured Articles



Halloween in the Homes 04



Launch of Club Wellgate 08

# Contents

- 03 Introduction
- 04 Halloween in the Homes
- 05 Team Member Of The Quarter
- 06 Santa Visits Sandgate
- 07 Christmas Parties
- 08 Launch of Club Wellgate
- 10 Holiday Home – The Mumbles
- 11 Activities in the Homes
- 12 Meet Tara Penn
- 13 Recipe of the Quarter
- 14 Happy Birthday To Our Residents And Tenants
- 15 A Very Warm Welcome To All Our New Staff Members
- 16 We are sad to say good bye to the following staff leaving
- 16 Clocking Up The Years
- 17 Subscribe to our newsletter
- 18 Do You Want To Make A Difference?



## Introduction from Alex

Hello everyone, welcome to this festive edition of our quarterly newsletter. I joined Wellgate in October and have very much enjoyed my first few months. Thank you for making me feel so welcome and for the work you all do in delivering our fantastic services.

This quarter we have relaunched ‘Club Wellgate’, membership provides the opportunity to rent our holiday home in the Mumbles and benefit from other rewards, and for the first-time access to an online GP service provided by Westfield Health.

We have showcased some of the events held in our services to celebrate Halloween and Christmas in this edition of the newsletter and I was lucky enough to go to a few, thank you to everyone who planned and attended these events and made them so special for the people we support. I would like to wish a warm welcome to all our new residents and staff members.

Finally congratulations to Eileen Godden, our Home Manager at Sandgate Manor who was awarded our first ‘Outstanding Team Member’ Quarterly Award in recognition of her excellent work. Merry Christmas and a very happy New Year.

Best wishes,  
**Alex Seery,**  
Managing Director

Our mission: Be the best in class specialist care operator in our three regional areas working closely with families, individuals and other local stakeholders.



The Employer Award  
Finalist 2022



Support Worker  
of the Year Award  
Finalist 2022



Registered Manager Award  
Finalist 2022



Care Group of the Year Award  
Finalist 2021



The Great Autism  
Practice Award  
Finalist 2021



# Halloween in the Homes



Folkestone – the care homes in Folkestone made tasty Halloween treats and dressed the homes spooky style.



Halloween party at The Old Printers in Sandbach.



Halloween party at The Lodge in Bexhill.

# Outstanding Team Member Of The Quarter – Eileen Goddard

Eileen Godden, our Home Manager at Sandgate Manor is the recipient of our first ‘Outstanding Team Member’ Quarterly Award. Eileen works tirelessly to support our residents and staff with care and compassion and leads by example in her approach to teamwork. We would like to say a very big thank you to Eileen for all that she does for us by giving her a certificate, box of chocolates, champagne and an amazon voucher.

FANTASTIC!!



GOOD JOB





## Santa Visits Sandgate



## London Christmas Party



## Staff Christmas Party in Folkestone





# Club Wellgate

**Club Wellgate was launched in October...**

We have established a great working culture at Wellgate that sets a high standard for all our employees, encouraging long service and loyalty.

On completion of 6 months employment with Wellgate/MNP Care, as a thank you for all your hard work, we have put together some benefits and rewards for you to enjoy. If you have any questions, please do not hesitate to get in touch by giving us a call on 020 7754 0424.



## ONLINE GP SERVICE

You will have access to an online GP service where you can book online and arrange a video or phone call with a doctor.

The provider, Westfield Health also offers a 24 hour helpline service.

## HOLIDAY HOME IN THE MUMBLES

You will be eligible to book up to 7 nights stay in the Wellgate holiday home free of charge for yourself, family and friends.



## REWARDS/PRIZE DRAW

You will be able to enter monthly prize draws to receive discounts, gifts, prizes and take part in competitions.

## DISCOUNTS - BLUE LIGHT CARD

You will receive a Blue Light Card, which will get you discounts at a variety of places. Some of the discounts include Cineworld, Asda, Starbucks, hotels.com and JD sports.



We value all our staff and would like to invite everyone to take advantage of the many Club Wellgate benefits! All your hard work is truly appreciated.



**Alex Seery**  
Managing Director





## Holiday Home – The Mumbles

More staff members have been to the Mumbles over the past few months and here are some of their holiday snaps from their trips.



HOME FOR THE  
*holidays*



Bookings for 2023 are now open so please contact Millie at [holiday@wellgate.com](mailto:holiday@wellgate.com) if you have been with us for more than 6 months and would like to book your stay!

## Activities in the Homes



Chris Hannah from Sandgate received his new motor with a beaming smile!



The Old Printers in Sandbach hosted a Macmillan coffee morning to raise money for cancer research, with staff members and residents baking treats for the day.



Residents at Millfield made their own pizza fake aways.





# Meet...

Tara Penn  
Regional Manager (North)

Tara joined Wellgate Support in July 2022, so we thought it would be lovely to find out a little bit more about her:



Tara Penn



# Recipe of the Quarter: Paul Hollywood Mince Pies

1. How long have you worked at Wellgate Support and what roles do you have?

I started with Wellgate in July. I am the Regional Manager for the north, the registered Manager for the supported Living services in the north, the Nominated Individual for the company with the CQC, The Caldicott Guardian for The Supported Living side of the company and at the current time, the Manager for the Worksoop Services.

2. What is your current daily routine and your responsibilities?

Due to the different facets to my job role, each day is different. It could start with interviewing staff for a service, be followed by meeting with the local authorities in relation to new services or new tenants, have an assessment of a new tenant and a new service site visit thrown in for good measure, alternatively I can be collating reports, reviewing completed audits, looking at areas of compliance and reporting back to individuals where we need to focus, liaising with the service managers to support with the digital platforms we use, reviewing and setting up software to support with the service.

3. What do you most like about your job?

I am very lucky that I get to work with a great team of people. I have previously worked in some quite large companies where you can become invisible. Working at Wellgate I feel valued and that I have a voice that is listened to, especially with the wealth of experience that I have.

4. What would you want to do if you weren't working for MNP/Wellgate Care?

If money was no object, then I would love to have a small holding where I could have more dogs, and a retirement home for small animals such as goats, sheep, chickens, ducks etc.

5. What's your favourite movie?

To narrow this down to one movie is a challenge as there are few that I love to watch from the Iron Man films, well most of the Marvel films actually, Disney animated films and Grease. My all time favourite film though is quite an old one called 'That Touch of Mink' with Cary Grant and Doris Day.

6. Who past or present would you like to have dinner with and why?

My Best Friend Chris who died following a stroke in 2016. I met him at a swimming pool that I used to go to regularly and we became really good friends. We could talk about anything, laugh at the most inappropriate things, and really enjoy each other's company. There has been so much that has happened since he died, and I would love to be able to fill him in on everything over a good steak dinner.

7. Surprise us with something we could never know about you?

Even though I love films, I have never managed to watch a full Star Wars film, I'm more of a Star Trek person!



## Ingredients

- 1 large jar mincemeat (about 600g)
- 2 satsumas, segmented and finely chopped
- 1 apple, finely chopped
- Zest 1 lemon
- Little icing sugar, for dusting

## For the pastry:

- 375g plain flour
- 260g unsalted butter, softened
- 125g caster sugar, plus extra for sprinkling
- 1 large egg, plus 1 beaten egg for glazing



## Method

- Place 375g plain flour and 260g softened unsalted butter in a bowl and rub together to a crumb consistency.
- Add 125g caster sugar and 1 large beaten egg, and mix together.
- Tip out onto a lightly floured surface and fold until the pastry comes together, be careful not to over mix.
- Wrap the pastry in cling film and chill for 10 mins.
- Scoop the mincemeat into a bowl and add 2 segmented satsumas, 1 finely chopped apple and zest of 1 lemon.
- Heat oven to 220C/200C fan/gas 7.
- Roll out the pastry to 3mm thick.
- Using a round cutter (about 10cm), cut out 16 bases and place them into muffin trays. Put 1½ tbsp mincemeat mixture into each. Brush the edge of each pie with a little beaten egg.
- Re-roll out the pastry to cut 7cm lids and press them on top to seal. Glaze with the beaten egg, sprinkle with the extra caster sugar, then make a small cut in the tops.
- Bake the mince pies for 15-20 mins until golden brown.
- Leave to cool before releasing them from the muffin trays and dusting with a little more icing sugar before serving.



## Happy Birthday To Our Residents And Tenants

**Josie Grimes** 4th November (Millfield)  
**Emma Allen** 14th November (Millfield)  
**Ryanne Thetford** 25th November (Sandgate)  
**Nick Booth** 16th December (Sandgate)  
**Sarah Baker** 26th December (Sandgate)  
**Ian Carwithen** 7th October (Tristford)  
**Paula Demetriou** 15th December (Tristford)  
**Christine Lee** 17th December (Tristford)

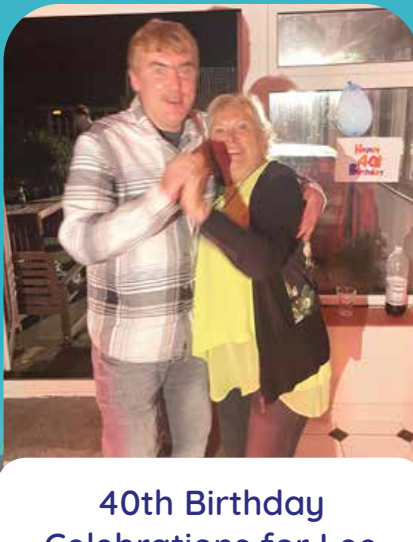
**Lee Dennis** 19th October (The Lodge)  
**Luis Catalan** 8th November (The Lodge)  
**Tony Macey** 9th November (The Lodge)  
**Liam Bowles** 17th November (The Lodge)  
**Joe Johnson** 27th November (The Lodge)  
**Harry Gladden** 2nd December (The Lodge)  
**Ciaran Astle** 9th December (The Lodge)  
**Daniel O'Keefe** 10th December (The Lodge)

## Some of the birthday celebrations

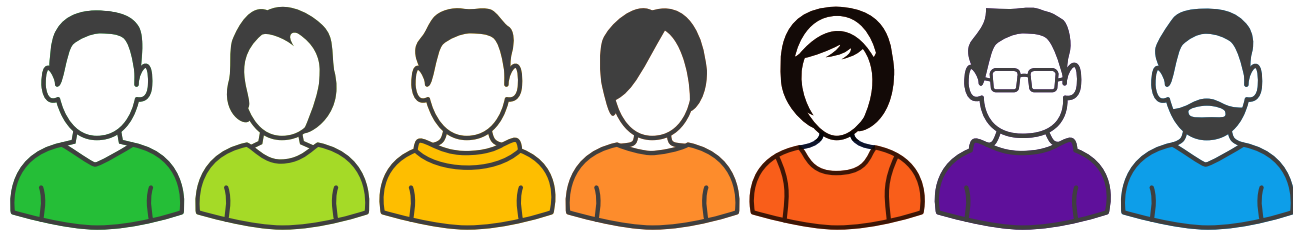


Millfield enjoyed Josies Birthday with lots of music, flowers and bubbles!

Ryanne Thetford celebrated her birthday with badges and balloons!



40th Birthday Celebrations for Lee at The Lodge in Bexhill



## A Very Warm Welcome To All Our New Staff Members:

**Lisa Somerville** – Senior Care Assistant, Tristford  
**Sarah Cowey** – Support Worker, Rose Cottage - New Romney  
**Jenny Yates** – Support Worker, Sandgate Manor  
**Krystal Thompson** – Care Assistant, Sandgate Manor  
**Suwasna Tamang** – Care Assistant, Sandgate Manor  
**Alison Oodearl** – Care Assistant, Sandgate Manor  
**Insha Maharjan Shrestha** – Care Assistant, Sandgate Manor  
**Hannah Bolton** – Support Worker, The Lodge - Bexhill  
**Gemma Baker** – Care Assistant, Sandgate Manor  
**Morgan Leonard** Support Worker The Lodge - Bexhill  
**Zac Deary** – Care Assistant, Sandgate Manor  
**Caley Somers** – Regional Manager, South  
**Emma Wilson** – HR Recruitment Admin, Sandgate Manor  
**Michael Park** – Service Manager, Tristford  
**Charlie Little-Harris** – Care Assistant, Tristford  
**Amber Lait** – Care Assistant, Millfield  
**Ellie Surridge** – Tea assistant, Sandgate Manor  
**Evelyn Otiono** – Care support worker, Millfield  
**Eva-Marie Maskery** – Support Worker, The Old Printers Sandbach  
**Huw Crosby** – Support Worker, The Old Printers Sandbach  
**Jennifer Jones** – Support Worker, The Old Printers Sandbach  
**Amy Tew** – Support Worker, The Old Printers Sandbach  
**Kellie Chappell** – Worker, The Old Printers Sandbach  
**Judith Hurst** – Bank Support Worker, The Old Printers Sandbach  
**Charlotte Williams** – Worker, The Old Printers Sandbach  
**Chloe Jones** – Support Worker, The Old Printers Sandbach  
**Alex Seery** – Managing Director, Head Office  
**Keith Bushness** – Non-Executive Chair, Head Office



# And we are sad to say goodbye to the following staff leaving



Sharon Atkinson, Domestic, Sandgate Manor  
Anita Thapa, Day Care Assistant, Sandgate Manor  
Martin Racz, Support worker - Nights The Lodge - Bexhill  
Keirran Herring, Service Manager, The Lodge - Bexhill

Sian Oliver, Care assistant, Sandgate Manor  
Roxanne Palmer, Care assistant, Sandgate Manor  
Abby Masters, Care assistant flexi-bank, Sandgate Manor  
Tracy Wraight, Service Manager, New Romney

# Subscribe to our newsletter



Your Email



# Interested..?

If you enjoy reading the newsletter and would like a more regular immersive experience, why don't you signup to our newsletter and be the 1st to receive the next issue straight to your inbox..?

Please send your email address to: [news@wellgate.com](mailto:news@wellgate.com)

Start looking forward to receiving the next issue, thank you.

# Don't Forget To Like Our Social Pages!



@Wellgate Support  
@mnpicare



# Clocking Up The Years

Congratulations and thank you to the following staff who have been working for MNP / Wellgate for over 10 years this quarter:  
Debbie Joy - 10 Years - Care Assistant at Sandgate  
Michelle Moore - 15 Years - Care Assistant at Tristford  
Sarita Raut - 20 Years - Team Leader (nights) at Sandgate

# And finally... Nothing wrong with a little bit of self-promotion

These days whether it's a hotel, restaurant or taxi driver, life is measured through reviews and as with many other care homes we need to actively promote the fantastic work of our staff and the homes more generally. Would you be happy to write a review about the home you or your family member lives in? If so, please speak to your manager to fill in the form or visit [carehome.co.uk](http://carehome.co.uk) to fill in the online review form. Thanks very much.





## Do You Want To Make A Difference?

### Careers available at Wellgate

Join our dedicated teams providing care and support to adults with disabilities. We provide outstanding person-centred care to the people we support, enabling them to live the lives they choose.

If you know of any friends, family or acquaintances who would be well-suited to work as a carer in any of our homes, please ask them to get in touch or find out more on our careers pages on our website.

[wellgate.com](https://www.wellgate.com)

“Our Care Assistants play a vital role in providing outstanding, person-centred care to the people we support, enabling them to live the lives they choose.

Working in care can be fulfilling, fun, challenging, full of variety.”







## We Want To Hear From You...

...About What's Going On Across Our Homes At Wellgate!

EVENTS | ACTIVITIES | TRAINING | NEWS | FUNDRAISING

Please email your news and pictures to:  
[news@wellgate.com](mailto:news@wellgate.com) to be included  
in the next issue, thank you

## Recruit A Friend

If you know any friends or family who would be well-suited to work as a carer in any of our homes, please ask them to contact our HR/ Careers department on...

# 01303 761 101

If they are successful we will give you £150 as a thank you!

