

# WELLGATE QUARTERLY NEWSLETTER



Spring 2023



## WORLD BOOK DAY

Milfield House hosted a Shrek themed World Book Day. See Page 8.



## EASTER WEEKEND CELEBRATIONS

All services enjoyed Easter Sunday with a variety of activities. See pages 10 and 11 for more photos.



## INTRODUCTION FROM ALEX, MANAGING DIRECTOR:



With Spring in the air and Summer around the corner I am delighted to introduce our latest newsletter. As well as highlighting and celebrating the wonderful range of events that have taken place across the business, including Valentine's Day, World Book Day and Easter we introduce Caley, our new Regional Manager and present our new Quarterly Award winner, Terry. I have thoroughly enjoyed my first six months with Wellgate and continue to be inspired by the remarkable outcomes you achieve, some of which are showcased in this vibrant newsletter.

There are a couple of highlights I would like to share with you from this quarter. Firstly, the continuing success of the Old Printers in Sandbach as Michelle and her team get closer to full occupancy whilst supporting our new tenants to accomplish life changing goals. In addition, I would like to highlight the hard work and tenacity of our team at Sandgate Manor. The Care Quality Commission returned to re-inspect the service in January and I am delighted to report improved ratings in all areas, a testament to the people we support, their families and our incredible staff team. I wish you all a very happy May Day Bank Holiday and enjoy the Coronation celebrations!!

Best wishes, Alex





## INTRODUCING OUR MANAGERS

Our Managing Director Alex Seery, Regional Managers Tara Penn & Caley Somers, Head of HR Helen Dyball, Finance Manager Angela Clarkin, Sandbach manager Michelle Bennett, New Romney manager Sandra Kubiliene, Tristford manager Michael Park, Sandgate manager Fabian Morgan, Burnham manager Sharon Todd and Milfield Manager Sharon Harrison all meet up in the London Head Office

They discussed future plans for 2023 and enjoyed a productive day.

## OUTSTANDING EMPLOYEE OF THE QUARTER

The recipient of this quarters 'Outstanding employee' is Terry Searson from The Lodge in Bexhill-on-Sea. Terry has done a brilliant job in leading the service in 2022 when the previous manager was absent and in supporting our new manager during his induction. Terry exhibits passion and commitment in everything that she does and works tirelessly to make our tenants lives rewarding and fulfilling. As a result of her exceptional work Terry has recently been promoted to be the services new Team Leader. Well done Terry!!







## VALENTINES DAY

The Lodge in Bexhill celebrated Valentines day with lots of decorations, a group meal followed by a party! Tenants enjoyed coming together and celebrating the day.

## DAVIDS BIRTHDAY

David from The Lodge, Bexhill, celebrated his birthday with all the other guys from the Lodge in January.

Happy Birthday David!

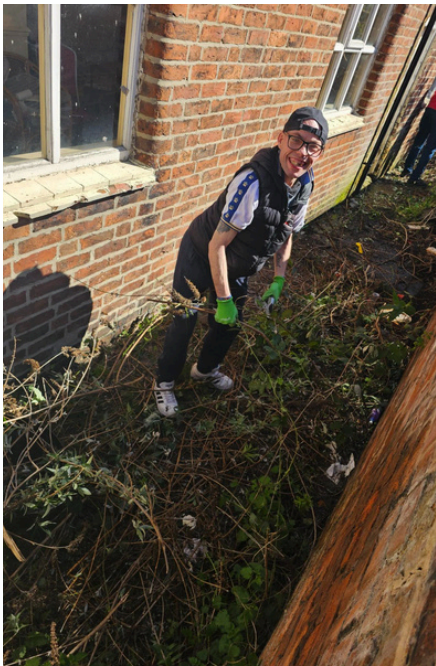


## KARAOKE NIGHT

Fabian hosted a karaoke evening at The Lodge, where tenants got involved and sang to classics!



## GIVING BACK TO THE COMMUNITY



People we support in Sandbach have been enjoying gardening activities at The Old Printers garden and also independently volunteering to clean up the local church's grounds. They all worked incredibly hard.

Leslie, Carl and Steven from The Old Printers in Sandbach all got involved with a BBC Radio Stoke interview discussing the Restoration Shack.



## ACTIVITIES IN THE OLD PRINTERS



Karaoke night at the Old Printers was enjoyed by both tenants and staff!

Chinese New Year at The Old Printers, Sandbach! Tenants enjoyed biscuit making and getting creative, crafting lanterns and dragons.





Michael Park, our Tristford manager went with a group to Wildwood in Canterbury. Olive who is photographed with Michael absolutely loved it. She was imitating the animals, laughing, and smiling the whole time.



## VALENTINES DAY

Donna and Joe kindly assisted Millie at the local recruitment fare in Folkestone.

## Residents at Burnham enjoy baking and a visit from the local school



Local School pupils visited the Burnham residents and made hand crafted flowers



## WORLD BOOK DAY

Residents and staff at Millfield went all out for their Shrek themed World Book Day! A big thank you to all of the staff who made this a fun and exciting day putting a huge amount of time and effort in.

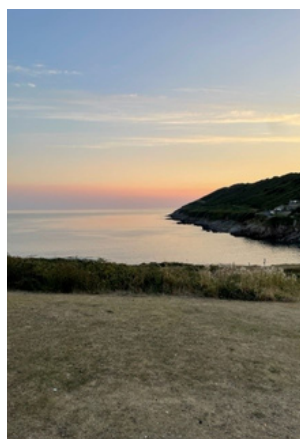




## WELCOME TO OUR NEW CLUB WELLGATE MEMBERS:

Sharon Smith, Ben Green, Alfie Fuller, Sophie Needham, Kayleigh Roberts-Twemlow, Emma Wilson, Sarah Johnson Perkins, Kay Smith, Paul Manser, Dan Pretlove, Kate Rushton, Aimee Bell, Katie Harrison, Mark Terry, Charlie Burgin, Stephen Hobbs, Shannon Laverty, Emily Moore, Michelle Bennett, Alex Seery, Tara Penn, Gregory Jones, Sammi-Jo Thompson, Byron Mugwagwa, Catherine Broad, Ceri Owen, Lisa Somerville, Suwasna Tamang, Insha Maharjan Shrestha, Gemma Baker, Michael Park, Eva Marie Maskery, Huw Crosby, Jennifer Jones, Kellie Chappell.

All new Club Wellgate members can book the holiday home by emailing [holiday@wellgate.com](mailto:holiday@wellgate.com) to find availability.







## MICHAEL, MANAGER OF TRISTFORD

Visited the staff holiday home in The Mumbles, and explored surrounding areas with his friends

Emily Moore, our recruitment/admin for the North went to the staff holiday home in the Mumbles with her family .



Sophie, our deputy from Sandbach, visited the Mumbles with friends in February.



## MEET OUR REGIONAL MANAGER:



### **1) How long have you worked at Wellgate and explain your role.**

I started with Wellgate in November 2022 as the Regional Manager for the South.

### **2) What do you enjoy most about being regional manager for Wellgate**

I love coming to work to make a difference to people's lives, enabling the people we support to live a life filled with dreams, striving for, and achieving their goals. I also love working with a staff team who come to work to make a difference, feel a sense of reward and great job satisfaction.

### **3) What do you like to do in your spare time?**

In my spare time I am a mum, I spend my time on the side line of a football pitch or a rugby pitch. I love horses, as a family we have 3, I enjoy going to the gym and spending time with friends and family.

### **4) What is your favourite film and why?**

One of my favourite films is the greatest showman, I am also a huge Disney fan!

### **5) Who would you like to have supper with past or present, and why?**

I am a huge fan of Dolly Parton, as a family my mum would always play her music, I have seen her in concert, I would really like to sit and be able to ask questions.

### **6) Surprise us with something we don't know about you or a fun fact about yourself.**

I was once a serving gunner in the Kings Troop, Royal horse Artillery, 5 years running I completed the Queen's birthday parade, Royal salutes and life guards at Buckingham palace.



## EASTER LUNCH AND EASTER THEMED GAMES AT THE LODGE, BEXHILL



## EASTER EGG HUNT AT THE OLD PRINTERS, SANDBACH





## EASTER TEA PARTY AT TRISTFORD WITH ENTERTAINMENT



## EASTER CELEBRATIONS AT SANDGATE MANOR







## INGREDIENTS

- 400 g (13.4 oz) unsalted butter
- 100 g (3.5 oz) light brown soft sugar
- 250 g (1.25 cups) caster sugar
- 4 medium eggs
- 375 g (3 cups) plain flour
- ½ teaspoon baking powder
- small pinch (small pinch) salt
- ½ lemon (juice and zest)
- 80 ml (150 ml) semi skimmed milk

## Cream Cheese Buttercream Frosting and Decoration

### Ingredients

- 125 g (4.4 oz) unsalted butter
- 150 g (1.25 cups) icing sugar
- 180 g (6.35 oz) cream cheese
- 400 g Strawberries
- 250 g Raspberries
- 400 g Blueberries
- ½ lemon (juice and zest)

## MAKING THE CORONATION CAKE:

1. PREHEAT THE OVEN TO 180°C.
2. GREASE AND LINE A 9 X 12 INCH TRAYBAKE CAKE TIN WITH GREASEPROOF PAPER.
3. IN A LARGE MIXING BOWL OR IN A MIXER CREAM TOGETHER THE 400G BUTTER, 100G LIGHT BROWN SOFT SUGAR AND 250G CASTER SUGAR UNTIL LIGHT AND FLUFFY.
4. GENTLY ADD THE 4 MEDIUM EGGS ONE AT A TIME.
5. SIEVE THE 375G FLOUR, ½ TSP BAKING POWDER AND PINCH OF SALT INTO THE MIXING BOWL.
6. MIX IN THE LEMON JUICE AND ZEST.
7. GENTLY ADD IN THE 80ML MILK LITTLE AT A TIME. IF IT STARTS TO CURDLE ADD 1 TABLESPOON OF PLAIN FLOUR.
8. POUR THE MIX INTO THE PREPARED TIN AND LEVEL OUT. GENTLY TAP THE TIN ON THE WORKTOP TO REMOVE ANY AIR BUBBLE.
9. BAKE FOR 35-40 MINUTES UNTIL THE CENTRE OF THE CAKE IS COOKED – USE A CAKE TESTER OR SKEWER TO CHECK. IF THE TESTER COMES OUT CLEAN THE CAKE IS COOKED. IF IT HAS PIECES OF UNCOOKED CAKE ON LEAVE THE CAKE TO COOK FOR A FEW MINUTES MORE AND TEST AGAIN.

10. LEAVE IN THE TIN TO COOL FOR 30 MINUTES AND THEN REMOVE FROM THE TIN TO COOL COMPLETELY.

### CREAM CHEESE BUTTERCREAM

1. MAKE SURE THE UNSALTED BUTTER IS AT ROOM TEMPERATURE AS IT WILL HELP MAKE IT A LOT EASIER TO MAKE.
2. USING A HAND MIXER, MIX THE 125G BUTTER AND 150G ICING SUGAR TOGETHER.
3. ADD THE 180G CREAM CHEESE AND ZEST OF ONE LEMON TO CREATE A SMOOTH MIX. IT SHOULD BE MORE THICK THAN RUNNY AND WILL HOLD ITS SHAPE. IF IT'S TOO RUNNY ADD A TABLESPOON OF ICING SUGAR AT A TIME AND WHISK UNTIL IT THICKENS UP.
4. SMEAR THE CREAM CHEESE BUTTERCREAM THICKLY OVER THE COLD CAKE.
5. DECORATE THE CAKE WITH THE STRAWBERRIES, RASPBERRIES AND BLUEBERRIES IN THE SHAPE OF THE UNION JACK. START WITH THE STRAWBERRIES IN THE CROSS. ADD THE DIAGONAL BLUEBERRIES AND THEN FILL IN THE GAPS WITH BLUEBERRIES.

## WELCOME TO ALL OF OUR NEW STAFF:

Jasmine Brown - The Grafton, Worksop  
Nicola Richardson - The Old Printers, Sandbach  
Kim Gregory - The Grafton Worksop  
Karen Matcham - The Old Printers, Sandbach  
Karen Hodgkinson - The Old Printers, Sandbach  
Gemma Baxter - The Old Printers, Sandbach  
Daniella Fletcher - The Grafton, Worksop  
Emily Mclean - The Grafton, Worksop  
Rebecca Lee - The Grafton, Worksop  
Connor Johnson - The Old Police Station, Worksop  
Hannah Booth - The Old Printers, Sandbach  
Priscilla Owusu - The Grafton, Worksop  
Sarah Monk - Sandgate Manor, Folkestone  
Fabian Morgan - Sandgate Manor, Folkestone  
Michael Ramshaw - Sandgate Manor, Folkestone  
Alessandro Casillo - Rose Cottage, New Romney  
Glory Owah - Sandgate Manor, Folkestone  
Alfie Skinner - Tristford, Folkestone  
Helen Sellors - Sandgate Manor, Folkestone  
Saffron Fordham - Tristford, Folkestone  
Sandra Kubiliene - Rose Cottage, New Romney  
Richard Thompson - Tristford, Folkestone  
Naomi Doyle - Tristford, Folkestone  
Mamta Gurung - Sandgate Manor, Folkestone  
Shreesti Rai - Sandgate Manor, Folkestone  
Sushila Simkhada - Sandgate Manor, Folkestone

## REFER A FRIEND

If you know any friends or family who would be well-suited to work as a carer in any of our services, please contact your line manager.

When your referral passes probation and becomes a member of Club Wellgate you will receive £150.

