





After a sizzling Easter weekend, let's hope the winter is behind us and we can get outside and enjoy a warm summer.

Many of the refurbishments we aimed to achieve when we took over MNP Care a year ago have now been completed. Thank you to everyone involved in the CQC inspections over the last couple of months, I'm delighted we have been awarded a good for Tristford and appreciate the efforts from you all - we await the other reports.

Thanks to all those who have contributed to this edition and here's to the next.

Best wishes.

Jack Eldridge Managing Director

## AT MNP

future issues.

- EVENTS

- FUNDRAISING





## STRIKES, GUTTERS & TURKEYS



#### **CONFUSED?**

No need to be – while someresidentsgobowling in Ashford every Friday...

Eleni brought indoor bowling (and its unusual terminology) to Sandgate Manor where everyone got involved and the competition was fierce!





### **SUMMER FETE**



#### TRISTFORD SUMMER FETE

Jane Crammond is organising a summer fete at Tristford on Friday 9th August from 2-4pm.

There will be all the usual attractions of a summer fete from a raffle to Tombola to guess the weight of the cake and music from the band Ashron. Do invite your families so we can raise as much money as possible and if you'd like to be more involved or offer any prizes, please contact Jane at Tristford.



## **TUCK SHOP!**

# SANDGATE'S NEW TUCK SHOP!

Sandgate Manor recently opened their very own tuck shop where residents and staff can get their sweet treats from shopkeeper, Chereen, who gets well paid in chocolate!

This is proving to be very successful, so much that the shop even handles requests for specific items and has just launched its healthier range for those thinking about their summer bodies.







## **BREAKFAST BAR!**



#### TRISTFORD'S NEW BREAKFAST BAR

After plenty of discussion, the new breakfast bar (including hot water dispenser, fridge and toaster) was installed in March much to everyone's delight making it so much easier for everyone to help themselves to breakfast!

'It's proving very popular!'



### MEET SHARON...

Sharon Todd has been with MNP for 24 years, with 6 of those years as the very popular manager of Burnham. We thought we'd find out a little more about her...

#### What was your first job?

I worked in school meals and went to day college for my city and guilds.

### What would you do if you weren't managing Burnham?

I would probably work in cooking again or would like to work with children.

#### What do you like to do in your free time?

I play a lot of bowls, friendly and competitive and I play darts. I enjoy meeting up with family and friends. I love football - my team is Arsenal.



#### What was the last book you read and would you recommend it?

I'm not a reader! The last book I read was 20 years ago, the autobiography of Tony Adams autobiography which was certainly an eye opener and great read as he was a footballer who had lots of problems.

#### Who, past or present, would you most like to have dinner with?

I would have loved to have met John Wayne. I love his films! Present day I would like to chat to the Arsenal team and sort out their defence!

#### Surprise us with something we could never know about you...

I've always played contact sports but when I was younger, I went ballroom dancing taking all the exams and entering competitions wearing sequinned frilly dresses.



## **BIRTHDAYS...**



# HAPPY BIRTHDAY TERRY!

It was Terry from Tristford's 75th birthday on the 12th April.

He chose to visit "Wingham Bird Park" with some of his friends, a great day was had by all!

He had requested a microphone for his birthday so he can now join in with the singing when "Country Blues" visit on a monthly basis and the microphone has already been put to good use!

### 70ННННННН!

John Robinson will turn 70 on 27th June and on the 28th June, Burnham will have a barbecue and music to celebrate this with family, friends, other residents and staff.

And Happy Birthday to

Christopher Hannah – 26th May Lesley Holbrook – 3rd June

Elisabeth Masters - 22nd June

Christophe Frappart - 30th June

Stacey Hawkes & Justine Poile - 5th July

Terry Burstow - 15th July

Jane Crammond - 29th July







## **CLOCKING UP THE YEARS**

#### WOW!

The following deserve a special mention this quarter having worked for MNP for at least 10 years!

And a big thank you and farewell to Lisa Taylor who left in May for all her work at Millfield – she will be greatly missed.



## OVER 10 YEARS SERVICE AT MNP THIS QUARTER

Peter Birchley (13 years)

Sue Ellis (17 years)

Stuart Fagg (10 years)

Clive Godden (15 years)

Annette Davies (11 years)

Pat Harris (13 years)

Denise Jenkins (13 years)





DON'T FORGET TO LIKE OUR NEW FACEBOOK PAGE!

**@WellgateCare** 



## **EASTER!**



### **EASTER CREATIVITY**

Sandgate Manor residents got creative and competitive over Easter decorating Easter bonnets and baskets.

The winner was Natalie Barnes whose beautiful bonnet is above.





## **SUMMER HOLIDAYS!**



### **NUTLEY LODGE**

In May, Chris (Sandgate Manor, resident), had a well-deserved long weekend break to the sunny village of Uckfield. He spent four days at Nutley lodge, with day trips out to Brighton and the owl sanctuary at Knockhatch Park as well as plenty of delicious food and even a beer or two!

Nutley Lodge is a beautiful working farm set amongst rolling hills with chickens, sheep and goats – Chris had a fantastic time and returned exhausted but very happy.





### **SUMMER HOLIDAYS!**

#### **BONJOUR, MES AMIS!**

On a gorgeous sunny day in May, Christophe from Millfield nipped over the channel to France for a day of shopping and strolling in Calais with his wife, Jane and Emma (Team Leader, pictured right, with Christophe).

First of all, a fantastic lunch in Flunch (his favourite restaurant) with a steak still mooing and a bottle of Côtes du Rhône – délicieux! Next, off for a big shop in Carrefour (his favourite



hypermarket) to fill the trolley (le chariot) with wine, beer and smelly cheeses. Then to the Calais sea front for a stroll in the amazingly warm sunshine and a drink along the prom watching everyone enjoying the seaside and waving to England across the Channel.

Exhausted when they got back to Millfield, but definitely worth the trip and thanks to everyone for helping make it happen!





# WET WHEELS



#### THINGS TO LOOK FORWARD TO

Burnham will be taking to the waters on 'Wet Wheels', which is a purpose built, high speed catamaran. Wet Wheels has been designed and built to be fully accessible. Burnham will be travelling from Dover to Pegwell Bay taking in the dramatic coastline along the way.

...fingers crossed for the sunshine!



### SCRUMMY...

### RECIPE OF THE QUARTER

Sarah's scrummy chocolate brownies, Sarah joined Wellgate Care last year and when she's not at work or running round after her two little girls, she loves to bake. She promises this recipe is easy!

#### Ingredient

(This will make one normal sized baking tray)

125g milk chocolate

125g dark chocolate

325g butter

5 eggs

435g sugar

87g plain flour

100g cocoa

#### Method

- Melt chocolate and butter together in a saucepan and set aside to cool.
- Whisk eggs and sugar until thick and leave a ribbon then add chocolate mixture when cool enough.
- Whisk until combined.
- Sieve the cocoa and flour and fold in making sure you don't leave any flour pockets.
- Add glacé cherries and hazelnuts.
- Secret is making sure you whisk the eggs and sugar enough at the start or will come out a bit flat.
- Put into tray lined with grease proof paper and bake at 180c for 25 mins (ish)
- Try and resist eating brownies straight out the tin!





## WELCOME...



### **DIANE TANNER**

Diane joined as Millfield's new manager in May to a very busy Millfield and she hasn't stopped since she joined!

We are delighted Diane chose to join us after working as a freelance trainer and compliance manager for many years, she has some fantastic experience in care homes and knows the area very well having lived here for 28 years.





## PLEASE WELCOME...









#### MNP NEW STAFF

Ian Hook Megan Taylor

Sujan Somare
Emma Ricketts
Gemma Wanstall
Shannon Hillier
Sharon Smith
Christina Ayres

Emma Hunt
Tracey Goldsmith
Diane Somerville

Pauline Caulfield Isabella Negrila Millfield Millfield

Sandgate Sandgate Sandgate Sandgate

Sandgate

Tristford
Tristford
Tristford

Burnham Burnham

#### TRISTFORD'S NEW RESIDENT

Christine came to stay for a couple of weeks respite last month. She enjoyed being surrounded by everyone and visited Canterbury where she was able to stock up on her favourite "Body Shop" items and enjoyed Tenpin bowling with everyone in Ashford!





## CQC

### **CQC INSPECTIONS**

CQC inspections took place during April and May at Tristford, Millfield and Sandgate Manor..

We are delighted to have been rated a Good across the board at Tristford whilst we await the outcome for Millfield and Sandgate.

A huge thanks to everyone involved.

The newly refurbished ground floor in Burnham (pictured right).



# QUALITY CHECKERS UPDATE

Congratulations to Paul and Stacey from Millfield, Jane from Tristford and Darren from Burnham who have all recently been recruited to our Quality Checkers jobs.







## FEEDBACK...



### SUGGESTIONS FROM RESIDENTS AND STAFF

Your Suggestions and feedback can be provided to us formally to Home managers or Debbie in the usual way. However you can now provide feedback through the new online portal that we have set up and this will feed straight through to senior management.

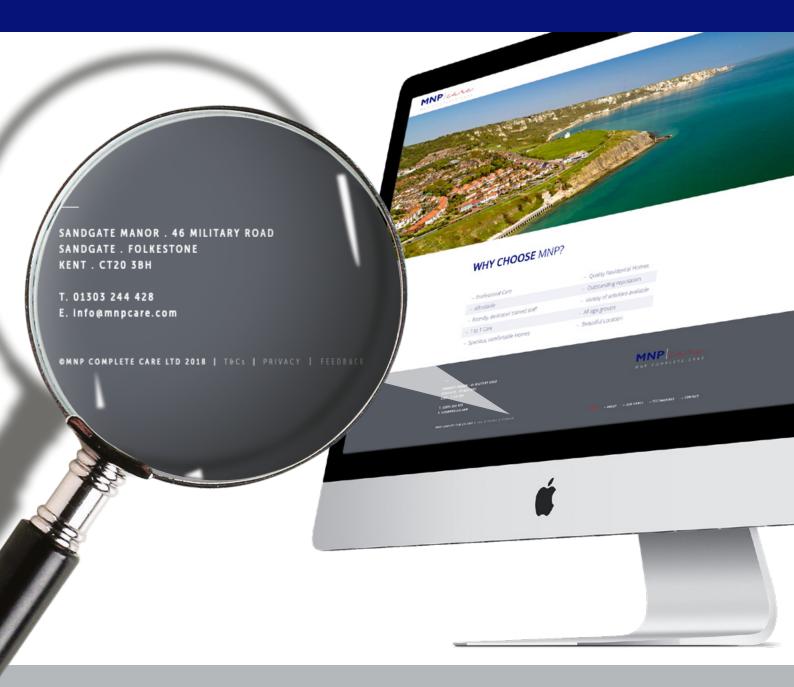
This can either be completely anonymous or contact details can be left.

We want to encourage an open and honest culture and are keen to hear your feedback & suggestions.

Your opinions really do matter to us!



# SUGGESTIONS WELCOME



TO LEAVE FEEDBACK PLEASE CLICK ON THE WORD

FEEDBACK WHICH YOU WILL FIND AT THE VERY BOTTOM

OF OUR WEBSITE NEXT TO THE PRIVACY LINK



## WE WANT TO HEAR FROM YOU!

PLEASE EMAIL YOUR NEWS, PICTURES AND FEEDBACK TO:

### newsletter@mnpcare.com

TO BE INCLUDED IN THE NEXT ISSUE, THANK YOU



DON'T FORGET TO LIKE OUR NEW FACEBOOK PAGE!

**@WellgateCare** 

### RECRUIT A FRIEND

IF YOU KNOW ANY FRIENDS OR FAMILY WHO WOULD BE WELL-SUITED TO WORK AS A CARER IN ANY OF OUR HOMES, PLEASE ASK THEM TO CONTACT SADIE CHANNELL ON

01303 244428

AND IF THEY ARE SUCCESSFUL WE WILL GIVE YOU £150 AS A THANK YOU





