



WELLGATECARE

INCORPORATING MNP COMPLETE CARE LTD

SEPTEMBER -  
DECEMBER 2020



## WHAT'S ON AT WELLGATE

Let us know what's  
going on across our  
homes for future issues.

- EVENTS
- ACTIVITIES
- TRAINING
- NEWS
- FUNDRAISING

We really hope you enjoy this latest edition of the newsletter which covers stories during the latest lockdown.

We continue to be so grateful to all our amazing staff at all of our services, who have all worked tirelessly throughout these unprecedented times this year, always making sure all our service users are cared for while stuck in lockdown.

Thank you to all those who contributed to this latest edition.

We hope you all had a happy Christmas and we wish you a happy New Year.

Best wishes,

Jack Eldridge  
Managing Director



WELLGATECARE

INCORPORATING

MNP *care*  
MNP COMPLETE CARE



# AARON'S BIRTHDAY...



## THE LODGE

Aaron moved into the Lodge on the same day as his birthday – so all the other tenants helped make a fabulous birthday cake to welcome him to The Lodge. The cake tasted delicious!

Aaron loves animals, Disney films and enjoys going to his day placement at Littlegate Farm.

# COFFEE MORNING...

## MILLFIELD

The home hosted a Macmillan coffee morning following all coronavirus guidelines, the staff ate their own cakes that they had bought in and Paul Mills managed to raise over £80 for McMillian, which has already been banked and sent off to the charity.

It was also a great day for Sharon Philpott to celebrate her 40th birthday celebrations.

Thank you to Paul for the idea and thank you to the staff Megan, Vicki and Sharon Philpott for all their hard work.





## PAMPER DAY...

### MILLFIELD

Josie and Christophe enjoyed a pamper day organised by Sharon Philpott, Vicki Beaumont and Megan Taylor – a great deal of fun was had by all.



## JOSIE'S BIRTHDAY...



### MILLFIELD

Josie really wanted a jungle theme for her birthday and the wonderful Vicki Beaumont, Megan Taylor and Sharon Philpott did her proud, she was so happy.



# BAKE OFF...

# MY EXPERIENCE...



## SANDGATE

The residents of Sandgate Manor have recently donned their aprons once again and joined the bakers.

Bread week saw a technical challenge - Cheese and onion rolls. The final product could not be pictured as they were eaten too fast straight from the oven.

Pastry week we saw a signature challenge of the Cornflake tart. A simple recipe although in true bake-off style the residents added their own flair of using Frosties instead of Cornflakes. Apparently, this makes it taste better which the Judges did confirm.

Looking forward to the final guys, ready, set, BAKE!

## BURNHAM RESIDENT

Sharon (the Manager of Burnham) thought it would be nice to see how residents had found lockdown, Darren wrote this piece:

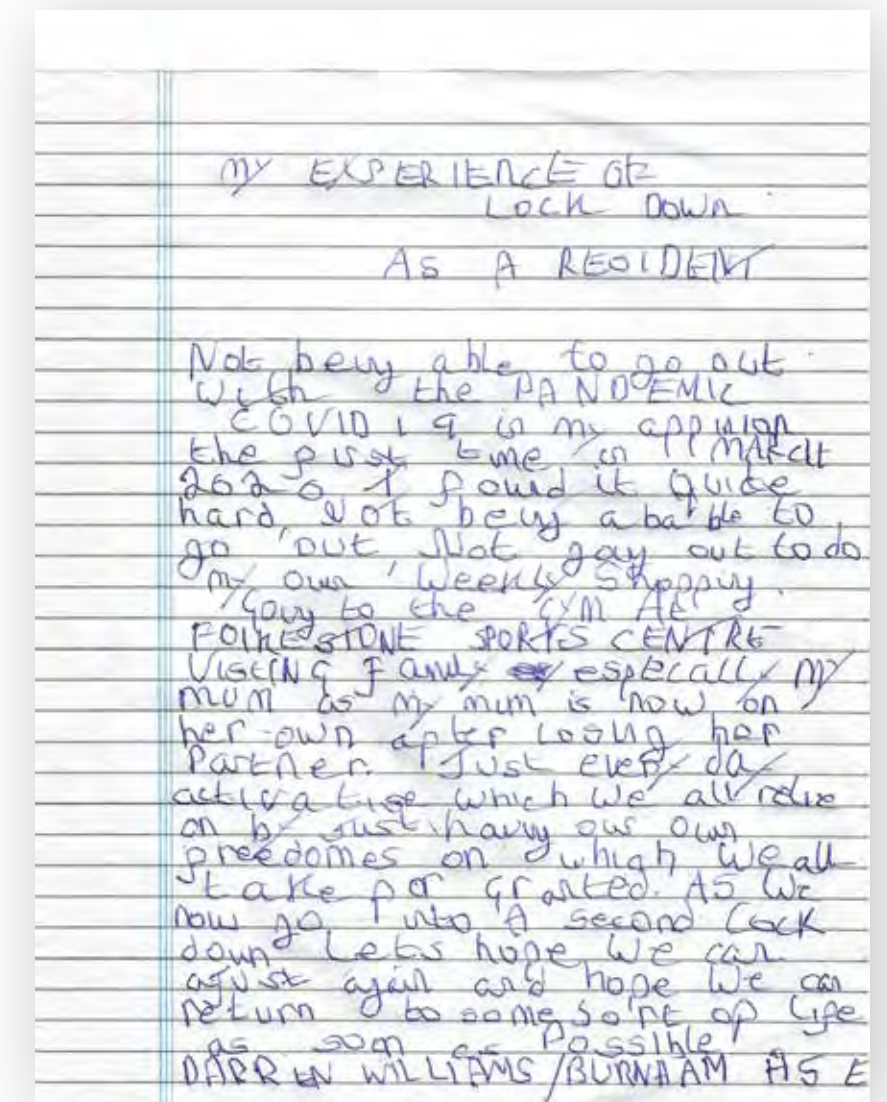
"Not being able to go out with the pandemic Covid 19 in my opinion, the first time in March 2020 I found it quite hard not being able to go out.

Not going out to do my weekly shopping, going to the gym at Folkestone sports centre.

Visiting my family especially my mum, as my mum is now on her own after losing her partner.

Just everyday activities which we all rely on by having our own freedom which we all take for granted.

As we now go into a second lockdown let's hope we can adjust again and hope we can return to some sort of life as soon as possible."



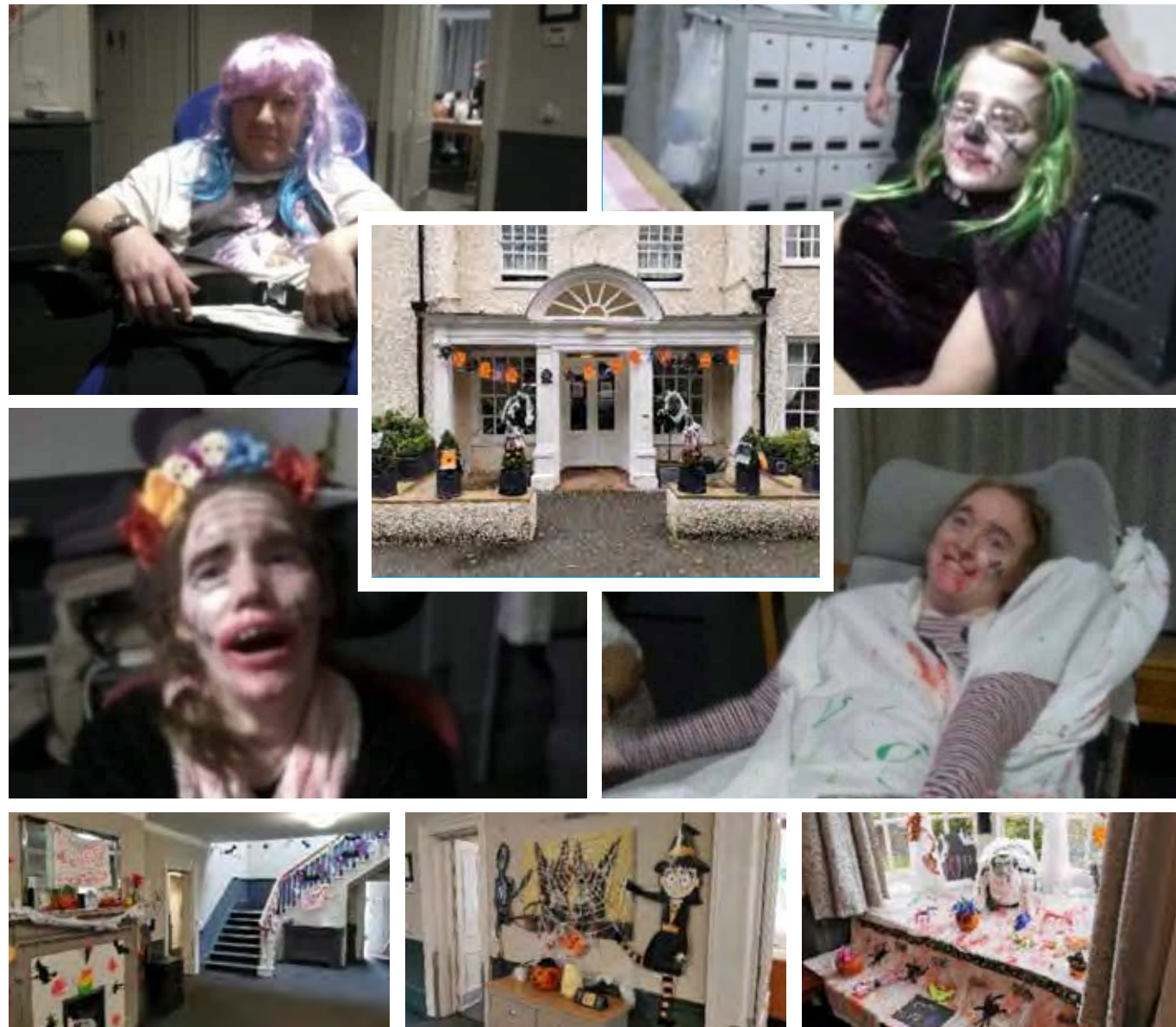


# HALLOWEEN HAUNTING...

## AT SANDGATE MANOR

Sandgate Manor's residents and staff enjoyed a ghoulish day of tricks and treats. They had spent two weeks making lots of devilishly good-looking homemade decorations.

On the fright night itself they got to enjoy a Halloween party and some had even made their own scary costumes. A FRIGHT-fully good time was had by all.



# DISCO PARTY!



## AT THE LODGE

The tenants at the lodge had some wonderfully scary costumes and enjoyed a disco.



# WE'RE READY FOR...

## AT BURNHAM

Christmas was great and we enjoyed helping with decorations.



## AT THE LODGE

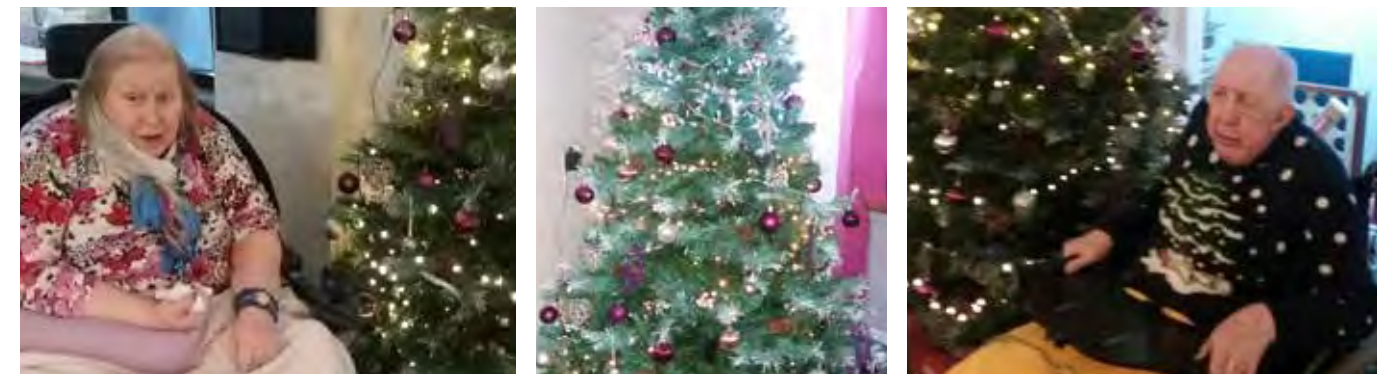
We loved our tree and enjoyed Christmas ping pong.



# CHRISTMAS IN THE HOMES

## AT TRISTFORD

Being excited for Christmas, we had a good time.



## AT MILLFIELD

A party atmosphere and a great time at Christmas was had.

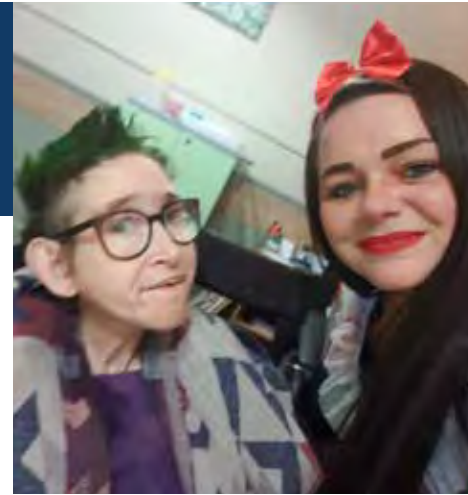




# MEET...

## CASSIE DONNELLY

Cassie started at MNP 13 years ago, she has worked in a variety of roles so we therefore thought it would be really nice to find out a little bit more about her:



### 1. How long have you worked at MNP and what roles have you had?

I have worked at Millfield House for 13 and a half years. I have done many roles in this home, they include day care assistant, domestic, one to one, physio aid and a flexi Team Leader. I am now an Administrator.

### 2. What is your current daily routine and your responsibilities?

At the moment, because of the current situation we are in, my responsibilities are logging all the Coronavirus tests, making sure all staff training is up to date, doing timesheets. I pretty much do anything in the home that my Manager needs me to do.

### 3. What do you most like about your job?

I enjoy seeing the residents happy. I like to make them laugh and have fun by doing different activities with them.

### 4. What would you want to do if you weren't working for MNP/Wellgate Care?

If I didn't work for MNP and had lots of money I would like to own a nice country pub, but I probably would go bust very quickly.

### 5. What's your favourite movie?

My favourite movie is the Labyrinth, it has been my favourite since I was a child.

### 6. Who past or present would you like to have dinner with and why?

I would love to have dinner with the Goodman's from Friday Night Dinner as me and my children love watching this show.

### 7. Surprise us with something we could never know about you?

I am obsessed with Zombies I even have a plan for when there is a Zombie Apocalypse so I definitely will be surviving.

# SCRUMMY...

## RECIPE OF THE QUARTER

Sharon Todd – Burnham Manager has chosen her delicious 'Cheese Scone' recipe, serves 6.

### Ingredients

225g self-raising flour, plus extra to dust • 1 tsp baking powder • ½ tsp salt • ½ tsp cayenne pepper • 1½ tsp mustard powder • 55g chilled salted butter, cubed • 100g mature cheddar, finely grated, plus 50g grated • 60ml warmed mixture of whole milk and water, plus extra milk for brushing • Add some chilli flakes if you like things hot!

### Method

- Put the baking sheet in the oven and heat it to 220°C/200°C fan/gas 7.
- Meanwhile, sift the flour, baking powder, salt, cayenne pepper and mustard powder into a food processor or large mixing bowl. Add the cubed butter and process until the mixture resembles very fine breadcrumbs.
- Using a large mixing bowl (if it's not already in one), mix in the 100g finely grated cheese.
- Add the milk and water mixture to the bowl and using a dinner knife with a cutting motion, mix everything together quickly and evenly then with your hands form into a smooth ball and place on a lightly floured work surface. Resist the temptation to knead it.
- Gently press out the mixture to 2.5cm thick. Cut out 4 scones using your cutter. Gently press the offcuts together and cut out 2 more scones.
- Brush the tops of the scones with milk and sprinkle with the remaining 50g grated cheese. Remove the hot baking sheet from the oven, put the scones on it, spaced well apart, then bake for 12-14 minutes until richly golden and cooked through.
- Remove the scones from the oven and serve as soon as possible after baking, ideally spread with a little butter. Other suggestions for serving, Philly cheese, A nice ham, smoked salmon.

The scones are best eaten warm the day they are made but will keep in an airtight container for up to 24 hours or in the freezer for up to 1 month. Defrost thoroughly.

# A BIG WELCOME...

## TO OUR NEW RESIDENTS

### NICK BOOTH

Our new resident Nick Booth moved into Sandgate Manor on 30th of November 2020.

Since moving in he has celebrated his 28th birthday on the 16th December and Christmas with us. Nick enjoys playing his X-box, chatting and entertaining staff and his food. Nick enjoys all foods, especially Sausage rolls from Morrison's but also enjoys making a slimming world Macaroni cheese that he has shared the recipe with all the staff. Nick enjoys a lot of things and one of those is talking about army books and films. He is a huge Chelsea fan and has a very blue bedroom. He once met Wayne Rooney and called him Shrek. Nick is a very welcomed new face at Sandgate Manor.

### EMMA ALLEN

Our new resident Emma Allen moved into Millfield House on the 2nd November 2020.

Emma enjoys using the tablet on the internet and keeping in contact with her family. She is a night owl and will often be awake with the night-staff, she enjoys watching films, especially comedies.

Emma has said she is very proud of herself as since being at Millfield Emma is trying to be more independent, which the staff encourage and promote.



### DAVID MORLEY

Our new resident David Morley moved into Tristford House on the 25th November 2020.

He is a very friendly gentleman who likes to watch old movies and enjoys traditional foods. He interacts well with others and has a very good sense of humour.

# CASE STORIES

## FROM THE LODGE BEXHILL



### Quotes from parents/Carers of X

"As always you and your team have been fantastic in allaying our fears and concerns. Such good ideas and visual timetables mean so much and the new direction the lodge is taking is going to put it in the forefront of the local community and we are so lucky that you have been instrumental in this transition. Our son washing a car WOW that's amazing and a milestone in his development in becoming an adult such a simple but meaningful idea - Keep safe and a BIG thank you from us to you all"

### Thank you Card Content,

Hope you are well just wanted to say a big thank you to you and all your staff for looking after our X especially during these uncertain times. X has had a lot of changes recently and I am so proud of him. It was lovely to talk to him on skype on Saturday and he seemed very happy and seems to have taken on board the current situation well. I'm aware you all have been a big part in helping him to understand everything and all of X's family appreciate this. Much love to you all X's Family

### Quote from Tenant X

"My bedroom has been redone and painted in duck egg; I have a new bigger shower room that I love. I have a sensory light & stress balls in my room which helps me to stay calm. I think my social stories really help me - I like them"

### Quote from Social Worker for X

"Managing the behaviours and the care provided has meant that X has been able to maintain a more independent life in supported living."



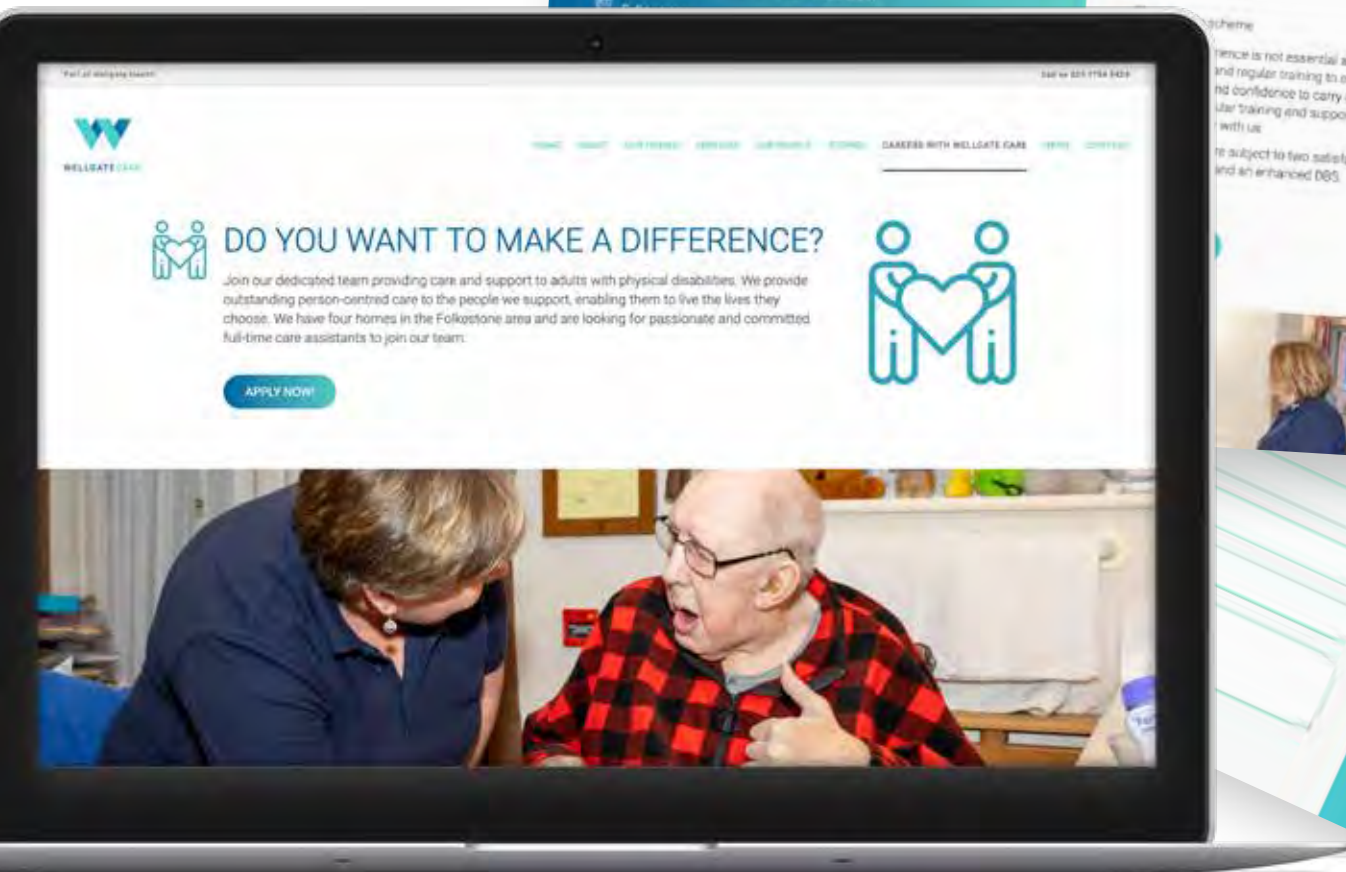
# DO YOU WANT TO MAKE... A DIFFERENCE?

## NEW CAREERS

The Wellgate Care website has undergone considerable updates recently and part of that update is a new careers section, offering the opportunity for passionate and committed full-time care assistants to join our dedicated team providing care and support to adults with physical disabilities.

If you know of any friends, family or acquaintances who would be well-suited to work as a carer in any of our homes, please ask them to get in touch.

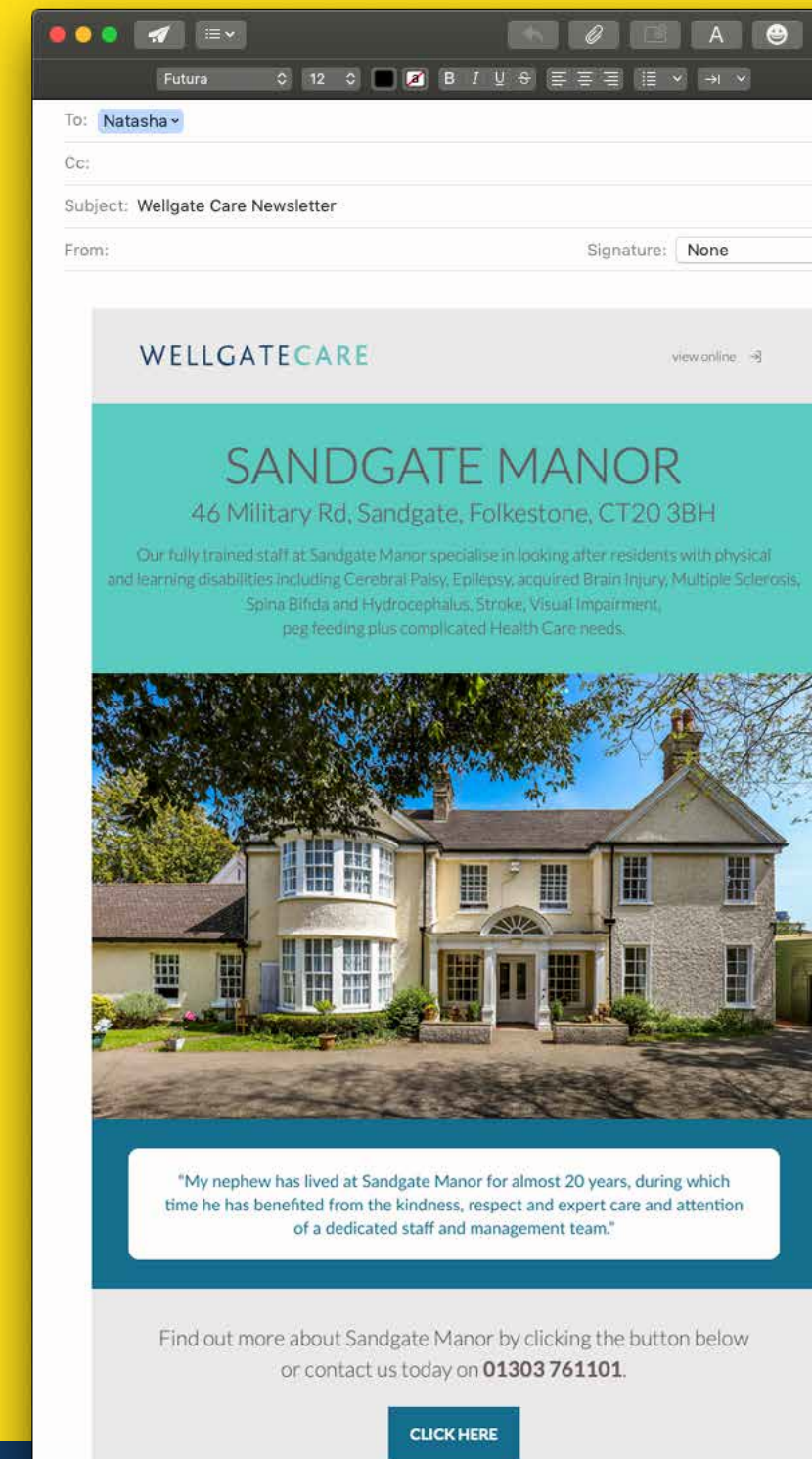
[www.wellgatecare.com](http://www.wellgatecare.com)



## MAILCHIMP E-NEWSLETTER

As part of our marketing we are now sending regular E-Newsletters from Mailchimp to gain insights, feedback and subscribers to the Wellgate Care brand.

Using the power of the technology we can now communicate efficiently to give info, updates, news and engage across all social platforms keeping us always engaged.





# PLEASE WELCOME...

## MNP NEW STAFF



Paulo Riberio – Driver/Carer  
Sobha Gurung – Nights  
Megan Oliver – Domestic  
Emma Beazley – Personal Carer  
Emily Shingleton – Day Carer  
Ashlea Varden – Day Carer  
Stephanie Birchley – Day Carer  
Maisie Preston – Tea Assistant

Sandgate  
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Sean Buckley – Day Carer  
Caroline Cullum – Nights  
Eleni Karagiannis – Day Carer  
Hurrell Frazer White – Flexi  
Francesca Johnstone – Flexi  
Liam Nijjar – Day Carer  
Maryanne Porteous – Home manager

Tristford  
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Tristford



Celine Champion – Personal Carer

Burnham

# CLOCKING UP THE YEARS

## WOW!

The following deserve a special mention this quarter having worked for MNP for at least 10 years!



DON'T FORGET  
TO LIKE OUR  
SOCIAL PAGES!

@WellgateCare



## OVER 10 YEARS SERVICE AT MNP THIS QUARTER

Robert Miskin (Started October 2002)  
Senior Day Carer at Tristford  
  
Kelly Harris (Started September 2006)  
Day Carer at Tristford  
  
Michele Moore (Started September 2007)  
Deputy Manager at Tristford  
  
Teresa Ford (Started October 2007)  
Cook at Tristford  
  
Natalie Mackenzie (Started November 2010)  
Day Carer at Burnham

# BIRTHDAYS THIS PERIOD!

## SANDGATE MANOR

Alison Laker	05.09
Ryanne Thetford	25.11
Nick Booth	16.12
Sarah Baker	26.12

## MILLFIELD

Josie Grimes	04.11
Steve Fawcett	07.08

## TRISTFORD

Ian Carwithen	07.10
Paula Demetriou	15.12
Christine Lee	17.12

## THE LODGE

Lee Dennis	19.10
Tony Macey	09.11
Joe Johnson	27.11
Harry Gladden	02.12
Daniel O'Keefe	10.12



# AWARD SCHEME...

## NOMINATE YOUR WINNER!



### NEW AWARD SCHEME FOR STAFF

Wellgate Care are introducing a brand-new award scheme for staff. Anyone can nominate including staff, residents or visitors.

Awards will be in the form of vouchers given quarterly. Nominations can be made either by email to [awards@wellgatecare.com](mailto:awards@wellgatecare.com) or left in boxes that will be provided at each home, this can be anonymous if preferred.

Nominations should be for person centred working, for someone showing particular consideration for residents or for random acts of kindness towards residents.

Keep your eyes peeled and nominate your colleagues for the good work they do!

# INTERESTED..?

## E-NEWSLETTER SIGNUP

If you enjoy reading the newsletter and would like a more regular immersive experience, why don't you signup to our newsletter and be the 1st to receive the next issue straight to your inbox..?

PLEASE SEND YOUR EMAIL ADDRESS TO:

[newsletter@wellgatecare.com](mailto:newsletter@wellgatecare.com)

START LOOKING FORWARD TO RECEIVING  
THE NEXT ISSUE, THANK YOU.



## REVIEWS...

These days whether it's a hotel, restaurant or taxi driver, life is measured through **reviews** and as with many other care homes we need to actively promote the fantastic work of our staff and the homes more generally.

Would you be happy to write a review about the home you or your family member lives in?

If so, please speak to your manager to fill in the form or visit:

[www.carehome.co.uk](http://www.carehome.co.uk)





**19th Jan -  
NICE WORDS**

We provide an outstanding level of care to our residents. See one of the many comments about Tristford House on the right.

24th Dec -  
CHRISTMAS

CHRISTMAS

"Wishing you all a very merry Christmas and a happy new year!"

**10th November -  
HAPPY BIRTHDAY**

Josie celebrated in style, we surprised her with a jungle themed birthday.

**12 October - PAMPER DAY**

**12 October - PAMPER DAY!**  
A special pamper day session for our residents!

5th October -  
**HAPPY BIRTHDAY**

**HAPPY BIRTHDAY!**  
Sharon just recently turned 40, so the Wellgate team made sure she had a great birthday celebration!

## 22nd September - CAREER





# WE WANT TO HEAR FROM YOU!

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PLEASE EMAIL YOUR NEWS AND PICTURES TO:

[newsletter@wellgatecare.com](mailto:newsletter@wellgatecare.com)

TO BE INCLUDED IN THE NEXT ISSUE, THANK YOU



DON'T FORGET TO LIKE OUR SOCIAL PAGES!

@WellgateCare

## RECRUIT A FRIEND

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IF YOU KNOW ANY FRIENDS OR FAMILY WHO WOULD BE WELL-SUITED TO WORK AS A CARER IN ANY OF OUR HOMES, PLEASE ASK THEM TO CONTACT SADIE CHANNELL ON

**01303 244428**

AND IF THEY ARE SUCCESSFUL WE WILL GIVE YOU £150 AS A THANK YOU



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