



WELLGATECARE

INCORPORATING MNP COMPLETE CARE LTD

JANUARY -
APRIL 2021



We really hope you enjoy this latest edition of the newsletter which covers stories from the past 4 months.

We continue to be so grateful to all our amazing staff at all of our services, who have all worked tirelessly throughout these unprecedented times this past year, always making sure all our service users are cared for.

Thank you to all those who contributed to this latest edition.

Best wishes,

Jack Eldridge
Managing Director



@WellgateCare



WHAT'S ON AT WELLGATE

Let us know what's
going on across our
homes for future issues.

- EVENTS
- ACTIVITIES
- TRAINING
- NEWS
- FUNDRAISING



WELLGATECARE

INCORPORATING

MNP care
MNP COMPLETE CARE

COVID VACCINES...



Vaccination pictures above are from Tristford House

FOLKESTONE

We are delighted to be able to report that all of our Folkestone care home residents have now had their Covid vaccinations, along with vast majority of the staff.



FLIPPING GOOD DAY...

SANDGATE MANOR

Employee of a well known dessert shop (lucky us!!), treated the residents to a very special Pancake Day. On the menu was white chocolate and strawberry pancakes, ice cream pancakes and the majority favourite, Kinder Bueno pancakes.

Thank you very much Megan.



JABS AND JAM...



SANDGATE MANOR

Phil the nurse had his work cut out with 22 vaccinations. All residents received their jabs and handled them like pros. It was a very emotional day for both residents and staff. One of the staff members, Amanda surprised the residents with lots of cakes, waffles, marshmallows and scones to say a big well done for managing so well. A big thank you to Amanda.

SHROVE TUESDAY..

BURNHAM

Darren enjoying the delicious pancakes with banana, pear and ice cream.



BIRTHDAY...



AT BURNHAM - ALLIE SYMONS

"Today I celebrated my birthday at Burnham, I came down to the lounge where I had several cards and presents to open, my presents included clothes, sweets also some toiletries. I had many cards wishing me a happy birthday. Phone calls from my husband, friend Cathy and my sister in Australia made my day. As you can see from the picture, I had some lovely flowers. The day was spent having a good chat with everyone and for tea I had one of my favourite meals lasagne, and some nice cakes."

MY EXPERIENCE...

BURNHAM RESIDENT

I haven't found lockdown too bad this time around, at least we are allowed out for an hour of exercise and fresh air with my one 2 one around Radnor park. I think if we were not allowed out at all then I would of totally and desperately struggled. I do miss in lockdown going to town once a week to do my personal shopping, I also miss going to see my mum and I do feel for my mum as she is on her own, also at Christmas was extremely difficult as we were not allowed to meet up as usual as I would in previous years gone by.

Finally, I enclose a photo of the snow at Burnham house back garden, but sadly could not find a robin in the snow which would of made a great photograph I believe.

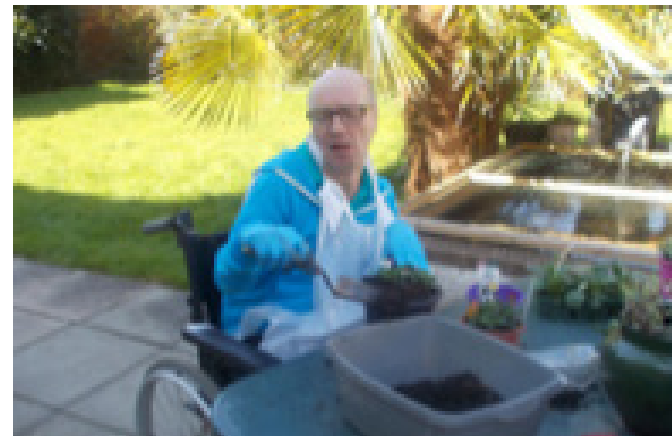
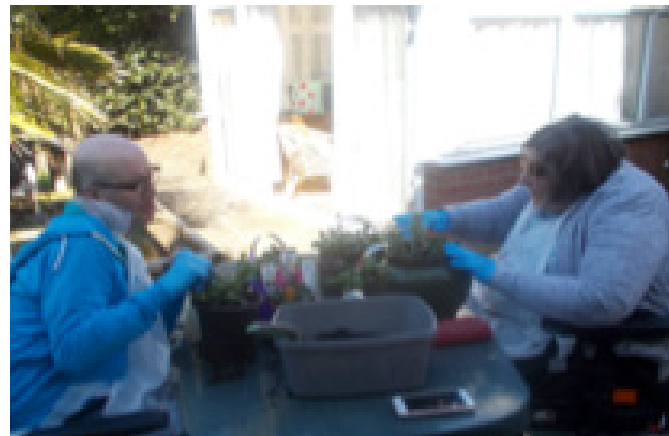


I haven't found lockdown too bad this time around. At least now we are allowed out for an hour of exercise and fresh air with my one 2 one around Radnor park. I think if we were not allowed out at all then I would of totally and desperately struggled. I do miss in lockdown going to town once a week to do my personal shopping. I also miss going to see my mum and I do feel for my mum as she is on her own. Also Christmas was extremely difficult as we were not allowed to meet up as usual as I would in previous years gone by. Finally I enclose a few photographs of the snow at Burnham house back garden but sadly could not find a Robin in the snow which would of made a great photograph I believe.

GREEN FINGERS...

AT BURNHAM & TRISTFORD

Both homes did a day of gardening and planting in the easter sunshine.



Allie & Darren doing the potting for Summer flowers

David (resident) and Daniel (staff) prep work

CARIBBEAN NIGHT..



THE LODGE

The Lodge in Bexhill had a Caribbean night with delicious food and fabulous decorations.

BINGO TIME...



IN THE SUNSHINE AT TRISTFORD

Residents enjoyed a game of bingo in the garden.



MOTHER'S DAY...

MILLFIELD

The staff organised Mother's Day for our very special lady Josie. Massah, Binita, Sharon K and Karen from Millfield made this a very special day for Josie and her daughter Zoe. A beautiful day after a hard year the smiles say it all.



MEET...

MARYANNE PORTEOUS

TRISTFORDS HOME MANAGER

Maryanne only started with MNP back in November, she has worked in a variety of senior roles and has over 32 years experience within the care sector. We therefore thought it would be really nice to find out a little bit more about her:

1. How long have you worked at MNP and what roles have you had?

I have worked for MNP since November 2020.

2. What is your current daily routine and your responsibilities?

My current daily routine is the overseeing the running of the home and compliance.

3. What do you most like about your job?

What I most like about my job is getting to know and working with the residents and staff.

4. What would you want to do if you weren't working for MNP/Wellgate Care?

If I wasn't working for MNP/Wellgate, I would like to start my own business making/ sewing clothes.

5. What's your favourite movie?

My favourite movie is Gremlins.

6. Who past or present would you like to have dinner with and why?

I would want to have dinner with Sean Connery, such a gentleman.

7. Surprise us with something we could never know about you?

One thing nobody knows about me is my love of cars and nice wheels.



SCRUMMY...

MY FAVOURITE RECIPE

Angela Clarkin – Finance Manager

Loves to cook and has chosen her delicious carbonara recipe, a family favourite in her house.

Serves: 4-5

Ingredients

- 1 x onion, diced
- 2 x 300g bags of fresh pasta
- 3 x eggs, yolks only
- 120 – 150 ml Fresh cream (depending how creamy you like it)
- 30g grated parmesan
- 2 x 240g pack smoked bacon, chopped
- Handful of fresh parsley (1 tsp dried parsley is fine as an alternative)

Method

- In a jug, add the egg yolks, parmesan and cream, mix well.
- Add a dash of olive oil to a large frying pan and on a medium heat fry the onion, once soft add the bacon and fry until cooked.
- Meanwhile cook the pasta, drain once cooked reserving a couple of tablespoons of the starchy water.
- Add the pasta, starchy water and cream mix to the large frying pan and on a medium heat mix together for a couple of minutes.
- Serve with the parsley and extra parmesan as required.



OUR VALUES...



Some time ago, workshops were held with residents and staff to discuss the values that are important to us as a team at Wellgate. We have now narrowed those values down to a mission statement and four core values which define how we do things.

MISSION STATEMENT – Supporting People to Live the Life They Choose

We will be using these values on the website and in our recruitment to help give prospective residents and staff an understanding of the way we work. Thank you to everyone who was involved in the discussions and gave their ideas and suggestions!

STAFF WELLBEING...

During 2021 we want to focus on staff wellbeing and ensure that Wellgate is a positive place to work for all our staff.

Our plans include:



MENTAL HEALTH FIRST AIDERS

We would like to organise for one or two staff from each home to undertake Mental Health First Aid training, which will teach you to identify, understand and help someone who may be experiencing a mental health issue.

EMPLOYEE ASSISTANCE PROGRAMME

All Wellgate staff will continue to have access to free advice and counselling services from the Employee Assistance Programme. This includes an online service with useful videos, tools and finance calculators and a free, 24-hour phoneline which you can contact about personal, family or work-related problems. The services are confidential – we won't know that you have used them unless you want us to. Look out for new EAP posters going up in all the homes over the next few weeks.

WELLBEING WEEK

We are hoping to run a Wellbeing Week later in the year and would love to hear ideas from staff about what you would like us to include. The week will focus on both mental and physical wellbeing and ideas at the moment include fitness challenges, competitions and drop-in sessions on useful topics.

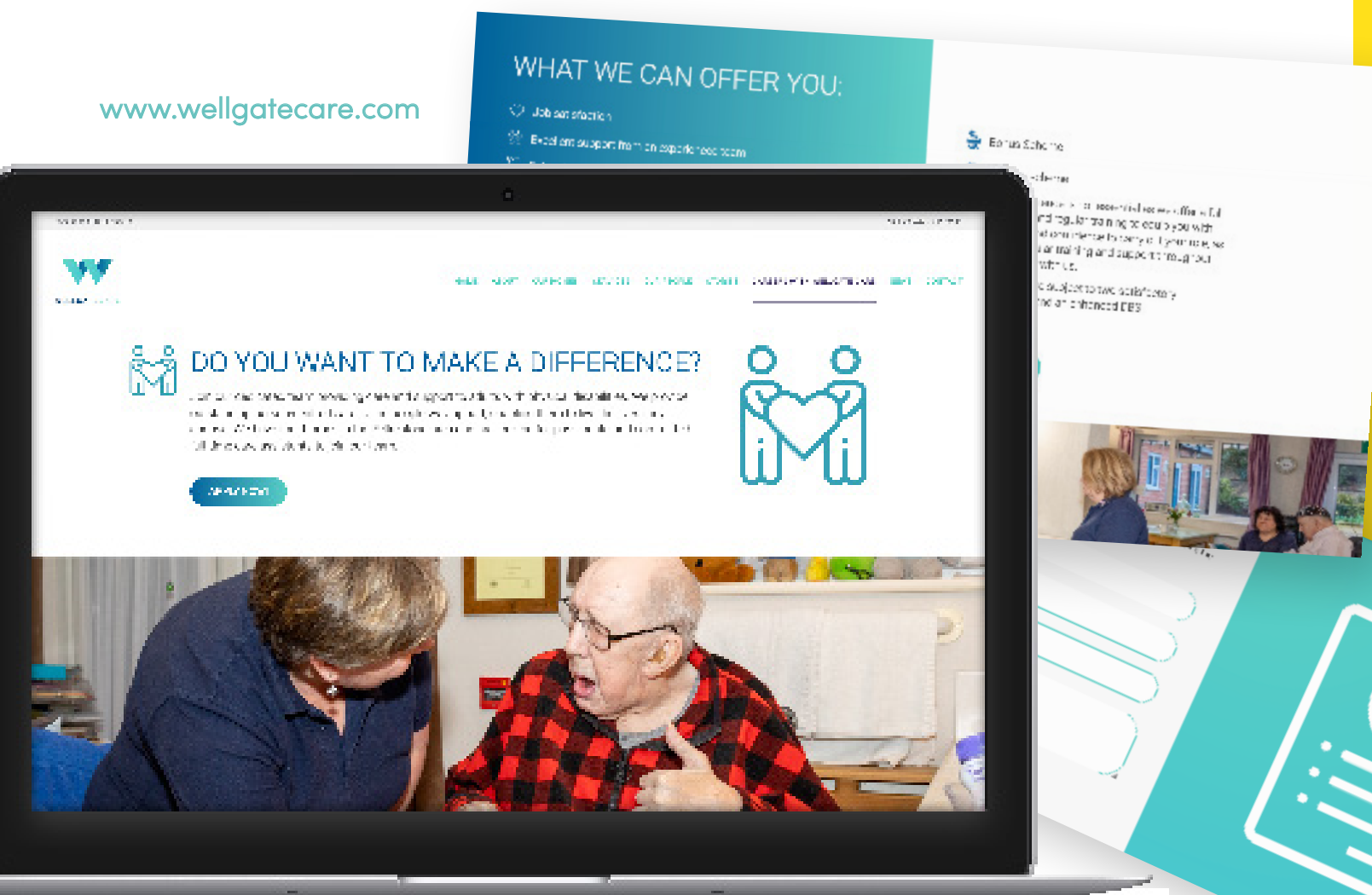
If you would like to express an interest in the Mental Health First Aid training or have any ideas for the Wellbeing Week or staff wellbeing more generally, please speak to your manager or contact Sadie Channell at: recruitment@mnpcare.com

DO YOU WANT TO MAKE... A DIFFERENCE?

NEW CAREERS

The Wellgate Care website has undergone considerable updates recently and part of that update is a new careers section, offering the opportunity for passionate and committed full-time care assistants to join our dedicated team providing care and support to adults with physical disabilities.

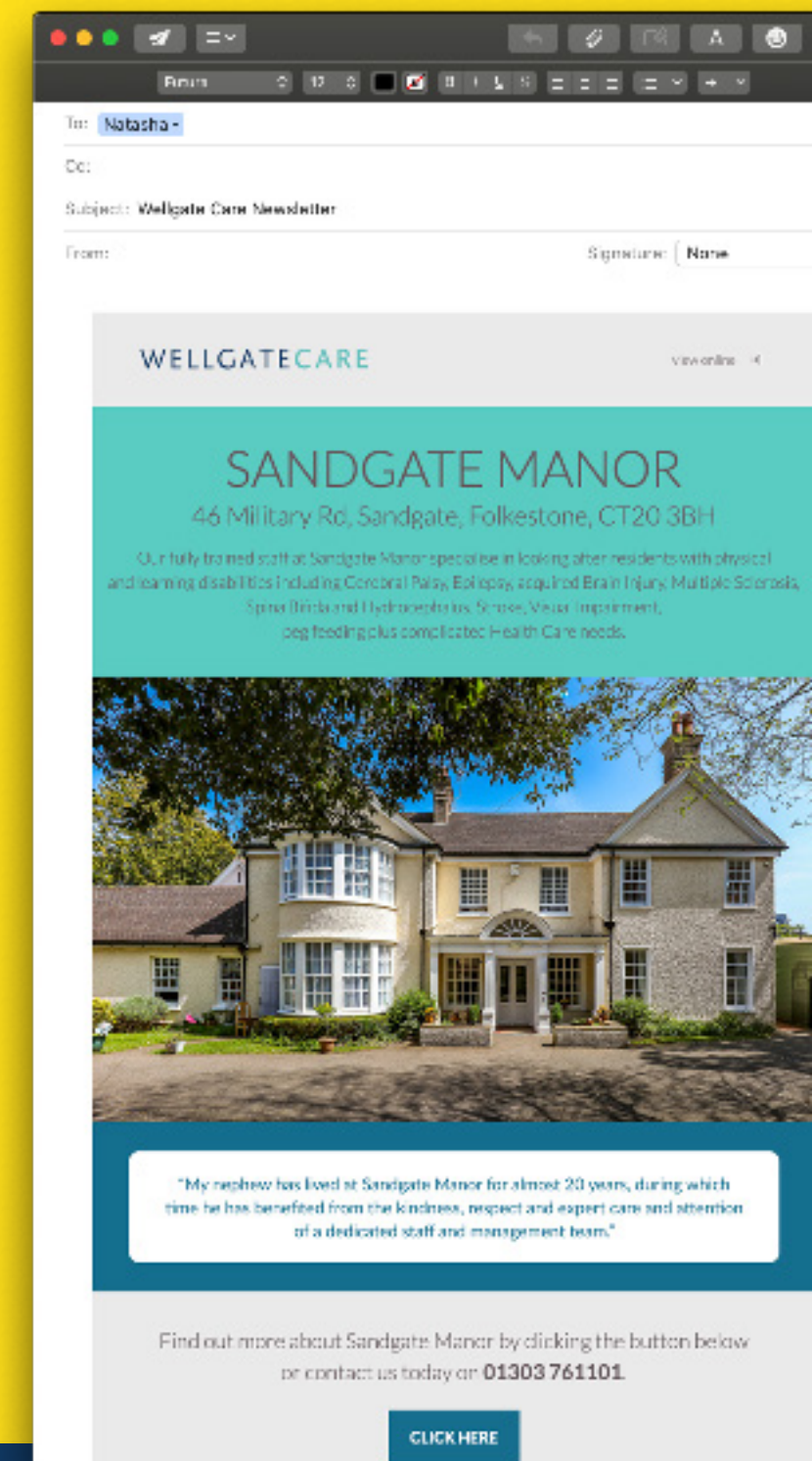
If you know of any friends, family or acquaintances who would be well-suited to work as a carer in any of our homes, please ask them to get in touch.



MAILCHIMP E-NEWSLETTER

As part of our marketing we are now sending regular E-Newsletters from Mailchimp to gain insights, feedback and subscribers to the Wellgate Care brand.

Using the power of the technology we can now communicate efficiently to give info, updates, news and engage across all social platforms keeping us always engaged.



PLEASE WELCOME...

MNP NEW STAFF



Tyla Jones – Care Assistant
Kayleigh Bennett – Care assistant

Sandgate
Sandgate



Johnathan Battams – Flexi Carer

Tristford



Maria Theresa Evans – Care Assistant

Burnham



Tahlia Pitman – Care Assistant
Danni Smith – Personal Care Assistant

Millfield
Millfield

CLOCKING UP THE YEARS

WOW!

The following deserve a special mention this quarter having worked for MNP for at least 10 years!



DON'T FORGET
TO LIKE OUR
SOCIAL PAGES!

@WellgateCare



SANDGATE MANOR

Linda Birchley (24 years) – Deputy Manager
Eileen Godden (24 Years) – In House Manager
Naomi Godden (18 years) – Team Leader
Elida Fuller (17 years) – Night Team Leader
Stacey Dowling (16 years) – Flexi Carer
Chloe Ford (12 years) – Flexi Carer
Joanne Keeler (10 years) – Day Care Assistant

MILLFIELD

Cassie Donnelly (14 years) – Administration
Valerie Dugard (15 Years) – Night Carer

BIRTHDAYS THIS PERIOD!

SANDGATE MANOR

Daniel Cullen	13.01
Natalie Barnes	30.01
Bruno Diniz	31.01
Joe Whitehead	14.02
Matthew Hope	19.02
Hannah Lee	06.03
Chereen Adams	08.03
Shaun Waddington	12.03
Shane Wright	17.03
Tony Cunliffe	21.03

Damian Rubio	31.03
Keith Phillips	01.04
Emma Plumpton	05.04

THE LODGE BEXHILL

Bill Baker	28.04
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MILLFIELD

Gyles Carpenter	02.02
Paul Mills	06.02

BURNHAM

Allison Symons	14.02
Darren Williams	01.03
Jeffrey Birtwistle	14.04

TRISTFORD

David Morley	21.01
Sam Lawrence	29.01
Julie Palmer	01.02
Terry Sharp	12.04

AWARD SCHEME...

NOMINATE YOUR WINNER!



NEW AWARD SCHEME FOR STAFF

Wellgate Care are introducing a brand-new award scheme for staff. Anyone can nominate including staff, residents or visitors.

Awards will be in the form of vouchers given quarterly. Nominations can be made either by email to awards@wellgatecare.com or left in boxes that will be provided at each home, this can be anonymous if preferred.

Nominations should be for person centred working, for someone showing particular consideration for residents or for random acts of kindness towards residents.

Keep your eyes peeled and nominate your colleagues for the good work they do!

INTERESTED..?

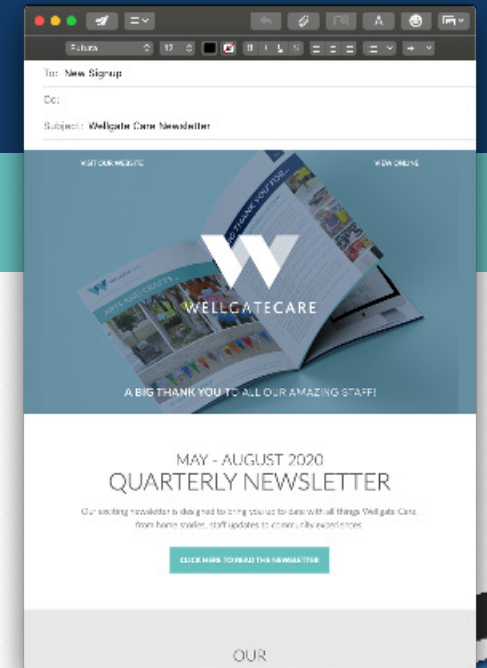
E-NEWSLETTER SIGNUP

If you enjoy reading the newsletter and would like a more regular immersive experience, why don't you signup to our newsletter and be the 1st to receive the next issue straight to your inbox..?

PLEASE SEND YOUR EMAIL ADDRESS TO:

newsletter@wellgatecare.com

START LOOKING FORWARD TO RECEIVING
THE NEXT ISSUE, THANK YOU.



REVIEWS...

These days whether it's a hotel, restaurant or taxi driver, life is measured through **reviews** and as with many other care homes we need to actively promote the fantastic work of our staff and the homes more generally.

Would you be happy to write a review about the home you or your family member lives in?

If so, please speak to your manager to fill in the form or visit:

www.carehome.co.uk



LET'S GET SOCIAL...

4th February - WORLD CANCER DAY

Never lose your hope. Fight your way in with life and make it worth living. Wishing you an inspirational World Cancer Day.

18th February - VACCINE

While confidence is high nearly three quarters (72%) admitted they would benefit from more advice.

22nd February - SUPPORTING PEOPLE

Our goal is to help residents lead happy and fulfilled lives.

12th March - REVIEWS

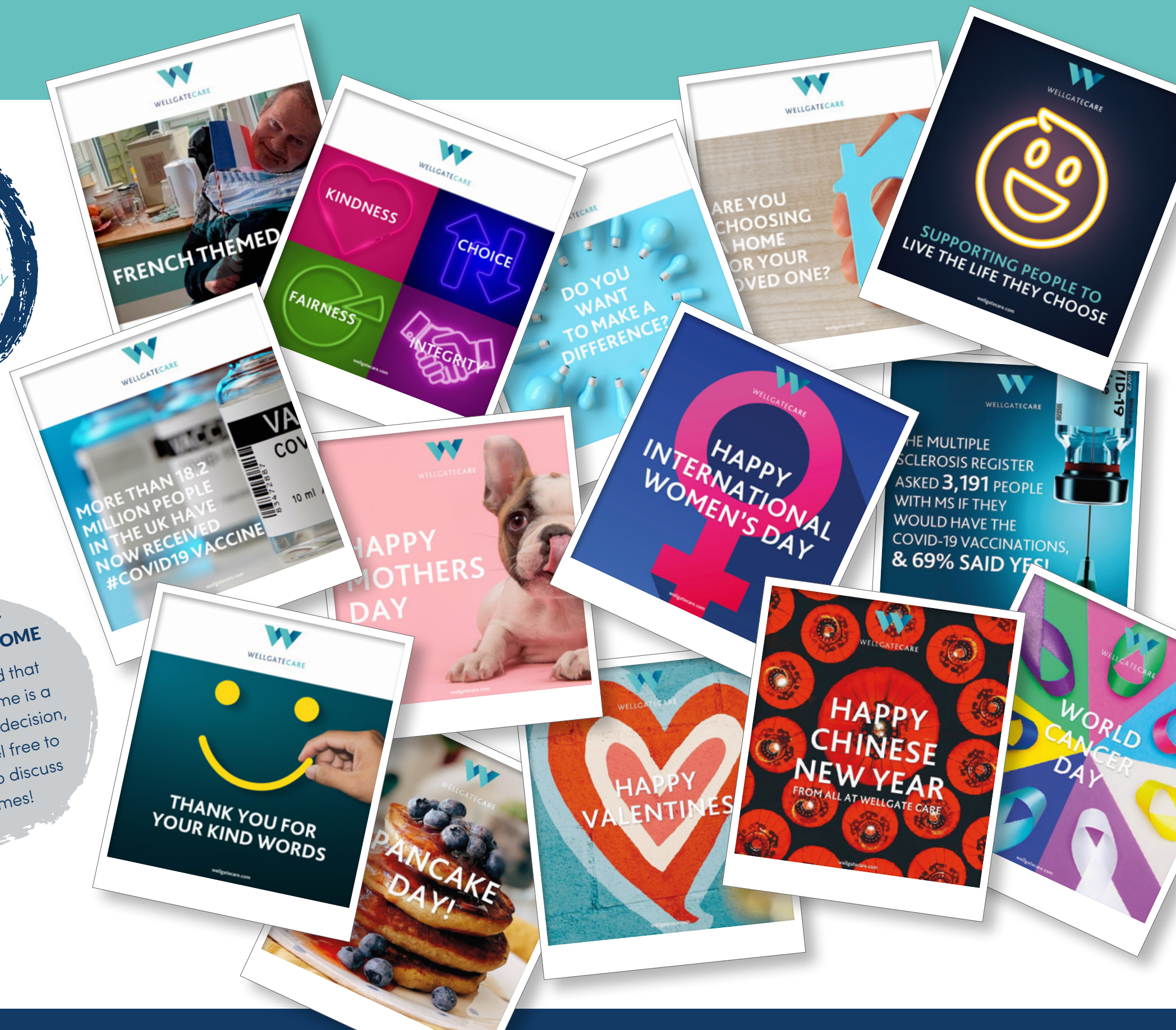
We're always grateful to our residents and their families for good reviews of our care.

20th March - FRENCH DAY

Wellgate had a French themed day organised by Cassie and Vicki M. All had a lovely time, just like being in a French bistro with the music, snails went down a treat!

14th March - CHOOSING A HOME

We understand that choosing a home is a very important decision, so please feel free to contact us to discuss our homes!



WE WANT TO HEAR FROM YOU!

PLEASE EMAIL YOUR NEWS AND PICTURES TO:

newsletter@wellgatecare.com

TO BE INCLUDED IN THE NEXT ISSUE, THANK YOU



DON'T FORGET TO LIKE OUR SOCIAL PAGES!

@WellgateCare

RECRUIT A FRIEND

IF YOU KNOW ANY FRIENDS OR FAMILY WHO WOULD BE WELL-SUITED TO WORK AS A CARER IN ANY OF OUR HOMES, PLEASE ASK THEM TO CONTACT SADIE CHANNELL ON

01303 244428

AND IF THEY ARE SUCCESSFUL WE WILL GIVE YOU £150 AS A THANK YOU



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