



WELLGATECARE

INCORPORATING MNP COMPLETE CARE LTD

MAY -
AUGUST 2021



WELCOME

We really hope you enjoy this latest edition of the newsletter which covers stories from the past 4 months.

With life slowly returning to normal we do hope you have had a lovely summer and enjoy the stories from all our services.

Thank you to all those who contributed to this latest edition.

Best wishes,

Jack Eldridge
Managing Director



@WellgateCare

WHAT'S ON AT WELLGATE

Let us know what's going on across our homes for future issues.

- EVENTS
- ACTIVITIES
- TRAINING
- NEWS
- FUNDRAISING



WELLGATECARE

INCORPORATING

MNP | care
MNP COMPLETE CARE

COVID VACCINES...

MY EXPERIENCE...



EYE OF THE NEEDLE

Chairman of the Wellgate Health Group, Simon Hill, has been volunteering as a covid vaccinator at St Charles Hospital, Kensington – here he is administering a covid jab with an interesting placement of the needle

DARREN FROM BURNHAM

It was so good to be doing more than just being able to get out for a little time for fresh air around the local Radnor Park with Selina my 1-1 carer.

Now, we have had both doses of the covid-19 vaccine we just like other people can start to get to live a normal life back in the community.

As we come out of the third lockdown with this time shops, cafes, and other activities opening up at a slower pace this should do the magic trick. So now we can go out at times we want to and going into town and doing things that we all take for granted, and to see my mum in Dover.

By Darren Williams living at Burnham House.



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SPORT'S DAY...



SANDGATE MANOR

The schools may not have been able to hold theirs but, neither social distancing nor rain could stop the Sandgate bunch from having an epic sports day.

Staff and residents wore bright colours to encourage the sun out, unfortunately the rain kept coming. So, with some creative furniture rearranging the games still happened. Residents took part in the egg and spoon race, bean bag throwing, and the staff put on a very good performance doing the sack race. Residents were betting on who was going to win.

After all that, a well-deserved party of BBQ food, mocktails, sweets, slush puppies and not one, but two, chocolate fountains. Sarah and Hannah had a face painting table which everyone enjoyed. The whole day was a huge success!!



NEPALESE...

NEW YEAR CELEBRATIONS AT MILLFIELD

Bunting, balloons and delicious Nepalese food for all the residents and staff.



FAREWELLS...

AT TRISTFORD

Saying goodbye to Jane Crammond – she has moved into her own flat and has been with us at Tristford for 6 years – we wish her well and lots of love in her new home.



Saying farewell to John Bicker at Tristford who had been with us for 3 months respite (March to June) while adaptations were completed to his home – we would like to wish him all the best.



BIRTHDAY...



TERRY'S BIRTHDAY

It was a beautiful summers day to celebrate Terry's July birthday in the lovely garden at Burnham.

FUN IN THE SUN

MILLFIELD

Summer games in the garden. Connect 4 and Mini Snooker played in the summer sunshine and some gardening time.



SUMMER'S ARRIVED...



TRISTFORD

Summer BBQ in the garden, delicious food and perfect weather for all the residents.

ACHIEVEMENT...



THE LODGE

Here they have created and started The Lodge Tenant Achievement Award's wall.

The awards are given to the tenants by the staff – and can be for all sorts of achievements for example: 'for his superstar help with the furniture removal' and 'for thorough and fabulous car washing'. Such a good idea as you can see it is filling up nicely.

SEASIDE...

BURNHAM

Resident Allie enjoys a trip to the seaside (Leas, Folkestone) she had a lovely day by the sea.



MEET...

KEIRRAN HERRING

THE LODGE SERVICE MANAGER

Keirran only started working with Wellgate Support Living two months ago, so we thought it would be really nice to find out a little bit more about him:

1. How long have you worked at MNP and what roles have you had?

I have been here two months working as a Supported Living Service Manager. Previously I was a Service Manager for eleven years with two other providers.

2. What is your current daily routine and your responsibilities?

I cycle from home, handover from the night staff and plan the days shift and who will be supporting who throughout the day and plan activities, catch up with the chaps that we support in the service about their evening and plans for the day. Respond to emails and phone calls, look to resolve any issues that have arisen with the housing association. Then there are things like audits, environmental checks, supervisions and discussions with professionals.

3. What do you most like about your job?

Time spent with the chaps we support and seeing them build skills and grow.

4. What would you want to do if you weren't working for MNP/Wellgate Care?

I wanted to be a social worker and that is why I began working in social care, life took over and I never studied.

5. What's your favourite movie?

Escape to Victory.

6. Who past or present would you like to have dinner with and why?

Mahatma Gandhi or Maradona.

7. Surprise us with something we could never know about you?

I nearly won the lottery but did not. The machine was broken that day and I did not get to buy the ticket.



SCRUMMY...

MY FAVOURITE RECIPE

Aaron Hills – Tenant at The Lodge

Enjoys cooking and one of his favourite dishes is – Chicken and Spinach Curry.

Serves: 1-4

Ingredients

- Diced chicken (1 breast per person)
- Spinach (1 handful per person)
- Double cream
- 2/3 chicken stock cubes
- 2 tbsp Curry Paste (your choice of heat)
- Rice (half a cup per person)
- 1 x onion
- Garlic
- Mushrooms

Method

Fry the chicken pieces until cooked through

Add diced onion, garlic and chopped mushrooms

Add double cream enough to cover the chicken fully

Add 2-3 chicken stock cubes and stir in until no powder is visible (Add more for a stronger flavour) and add the curry paste

Add spinach a handful at a time and allow to shrink

Add more cream if needed and allow to simmer

Bring a pan to the boil and cook the rice, cook for a minimum of 10 minutes

Serve curry on the rice and enjoy



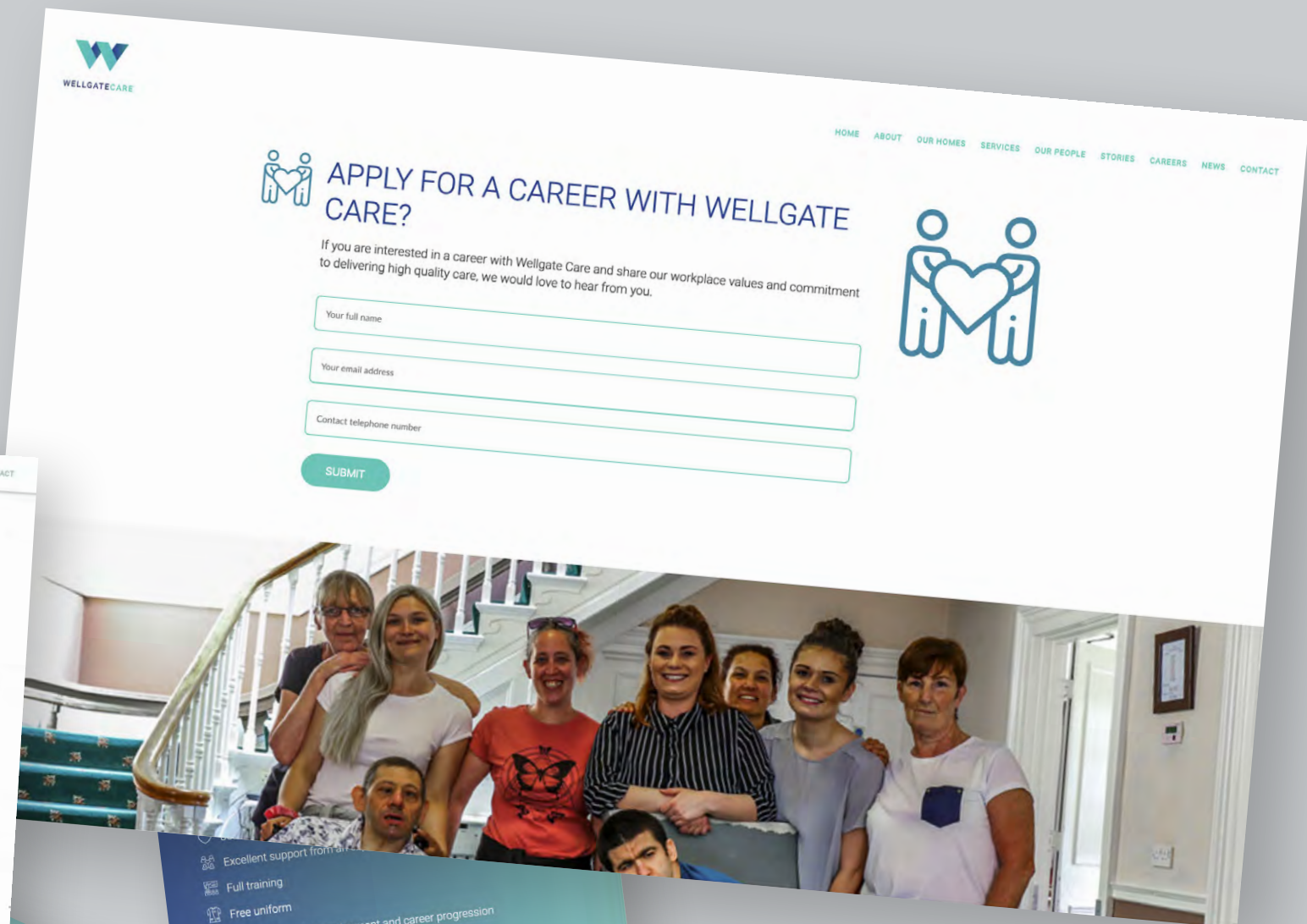
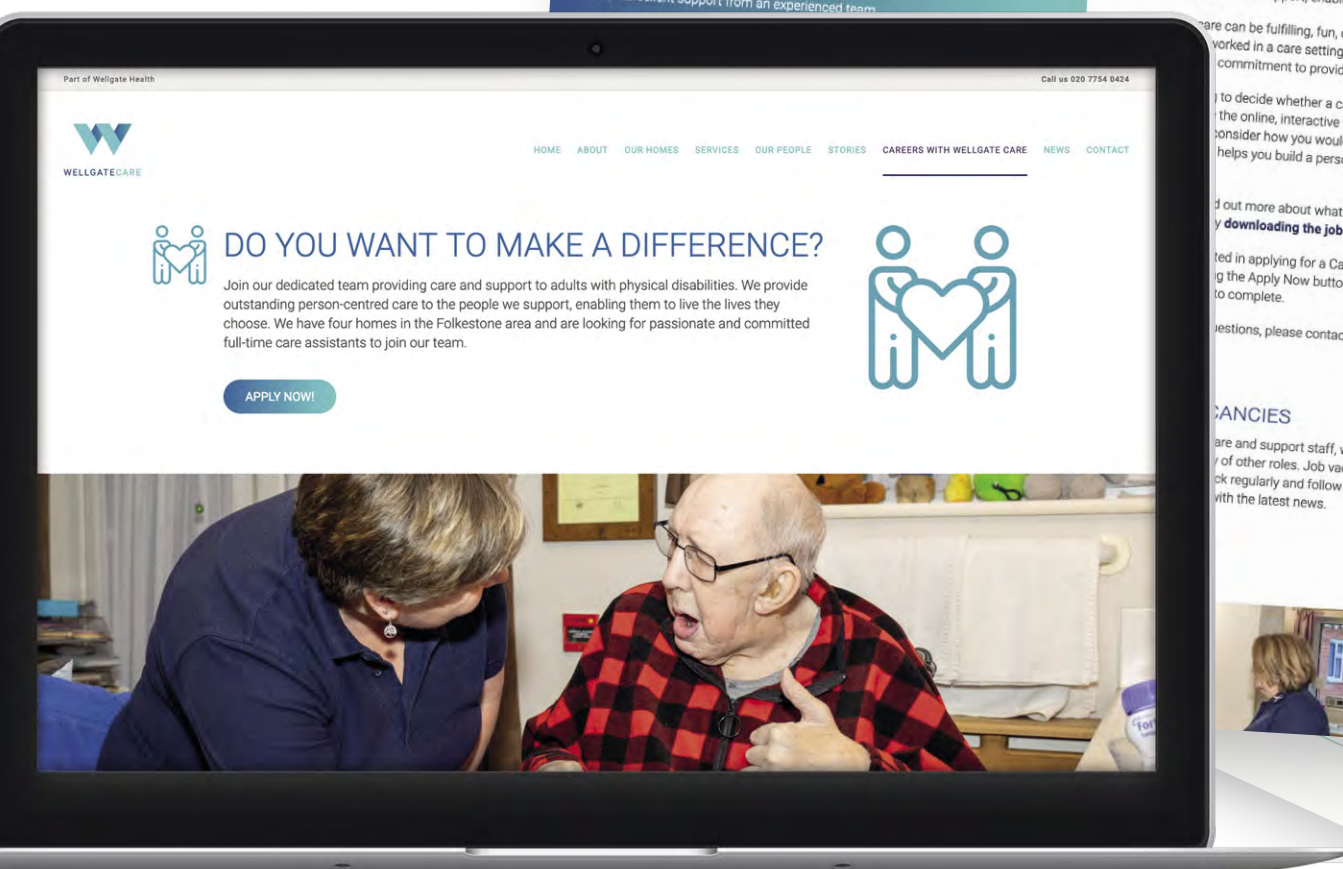
DO YOU WANT TO MAKE... A DIFFERENCE?

CAREERS AVAILABLE AT WELLGATE CARE

Join our dedicated team providing care and support to adults with physical disabilities. We provide outstanding person-centred care to the people we support, enabling them to live the lives they choose.

If you know of any friends, family or acquaintances who would be well-suited to work as a carer in any of our homes, please ask them to get in touch or find out more on our careers page on the website.

www.wellgatecare.com



Our Care Assistants play a vital role in providing outstanding, person-centred care to the people we support, enabling them to live the lives they choose.

Working in care can be fulfilling, fun, challenging, full of variety.

PLEASE WELCOME...

MNP NEW STAFF

MNP

Vanessa Cook – Accounts Administrator



SANDGATE MANOR

Amy Church – Day Care Assistant



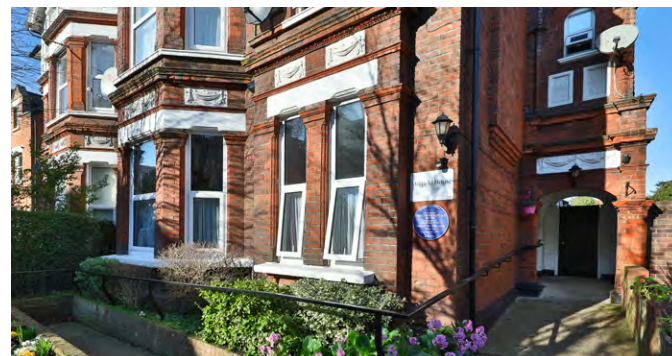
TRISTFORD

Sophie Marshall – Care Assistant
James Green – Care Assistant



BURNHAM

Maria Theresa Evans – Care Assistant



MILLFIELD

Jaya Mcneill – Weekend Cook

SAD GOODBYE TO THE FOLLOWING STAFF LEAVING...

SANDGATE MANOR

Stuart Fagg – Team Leader
Pooja Lama – Care Assistant
Joni Mcneill – Bank Staff

Emily Shingleton – Care Assistant

Jipzee Stroud – Care Assistant
Jennifer Dalton – Personal Carer
Nirendra Simkhada – Domestic

BURNHAM

Denise Jenkins –
Personal Carer

CLOCKING UP THE YEARS

WOW!

The following deserve a special mention this quarter having worked for MNP for at least 10 years!



DON'T FORGET
TO LIKE OUR
SOCIAL PAGES!

@WellgateCare



SANDGATE MANOR

Tina Bass (20 years) – Personal Carer

BURNHAM

Pat Harris (16 years) – Night Carer
Annette Davies (12 Years) – Night Carer
Dominique Le Goff (10 Years) – Day Carer

TRISTFORD

Sue Ellis (15 years) – Night Carer

BIRTHDAYS THIS PERIOD!

SANDGATE MANOR

Chris Hannah	26.05
Lesley Holbrook	03.06
Donna Hairsine	01.08
Leslie Snapes	14.08
Adam Cartlidge	29.08

THE LODGE BEXHILL

Kevin Valentine	12.05
Aaron Hills	08.08
Shaun Herfort	27.08

TRISTFORD

Lisa Masters	22.06
Clive Pearson	06.07
Jane Crammond	29.07

BURNHAM

Terry Burstow	15.07
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MILLFIELD

Steve Fawcett	07.08
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ASK...?



FOR ANYONE AND EVERYONE CONNECTED

Do you have any questions, suggestions or feedback about the way we do things at Wellgate Care?

If so, you can now get in touch with our Director of Care Debbie Smith at:
askdebbie@wellgatecare.com

We are keen to know what you think works well and what could be done better, so please drop Debbie a line if you have any thoughts or ideas.

Anyone connected with our care services is welcome to get in touch, and all feedback will be treated sensitively, in line with our Confidentiality Policy.

INTERESTED..?

E-NEWSLETTER SIGNUP

If you enjoy reading the newsletter and would like a more regular immersive experience, why don't you signup to our newsletter and be the 1st to receive the next issue straight to your inbox..?

PLEASE SEND YOUR EMAIL ADDRESS TO:

newsletter@wellgatecare.com

START LOOKING FORWARD TO RECEIVING THE NEXT ISSUE, THANK YOU.

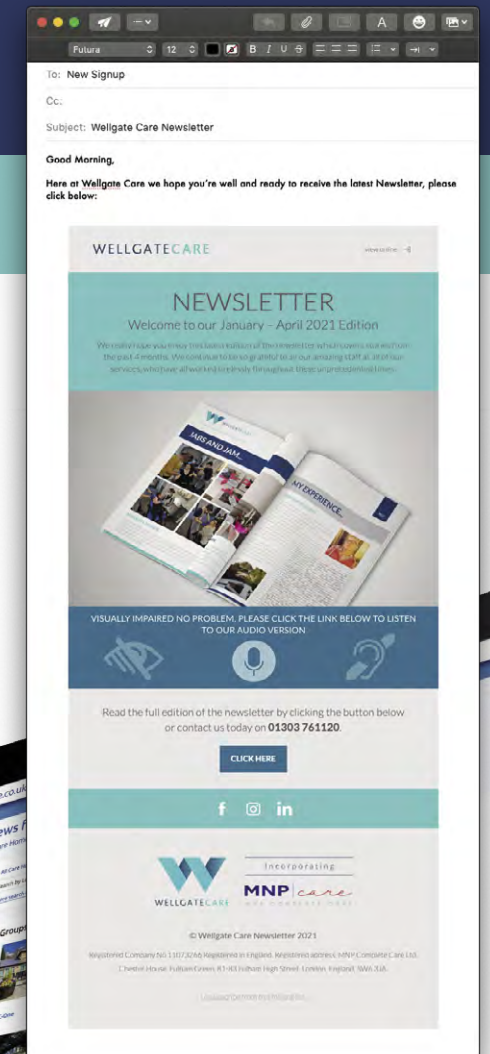
REVIEWS...

These days whether it's a hotel, restaurant or taxi driver, life is measured through reviews and as with many other care homes we need to actively promote the fantastic work of our staff and the homes more generally.

Would you be happy to write a review about the home you or your family member lives in?

If so, please speak to your manager to fill in the form or visit:

www.carehome.co.uk



WE WANT TO HEAR FROM YOU!

PLEASE EMAIL YOUR NEWS AND PICTURES TO:

newsletter@wellgatecare.com

TO BE INCLUDED IN THE NEXT ISSUE, THANK YOU



DON'T FORGET TO LIKE OUR SOCIAL PAGES!

@WellgateCare

RECRUIT A FRIEND

IF YOU KNOW ANY FRIENDS OR FAMILY WHO WOULD BE WELL-SUITED TO WORK AS A CARER IN ANY OF OUR HOMES, PLEASE ASK THEM TO CONTACT OUR HR/CAREERS DEPARTMENT ON

01303 244428

AND IF THEY ARE SUCCESSFUL WE WILL GIVE YOU £150 AS A THANK YOU



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