

WELCOME TO OUR QUARTERLY NEWSLETTER

SEPTEMBER TO DECEMBER 2021



WELLGATE SUPPORTED LIVING
& WELLGATE CARE

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FEATURED ARTICLE

SANDBACH GRAND OPENING

Tuesday 23rd November saw the opening of our new supported living apartments up in Sandbach – it was opened by Simon Hill the Wellgate Health Chairman... **FIND OUT MORE ON PAGE 4**

✓ *Compassion* ✓ *Independence* ✓ *Standards*



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FEATURED ARTICLES



SANDBACH GRAND OPENING



CHRISTMAS IN THE HOMES



RAISING MONEY FOR CHILDREN IN NEED

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INTRODUCTION FROM JACK

Dear all

We really hope you enjoy this latest edition of the newsletter full of news stories from the last 4 months. Thank you to all those who contributed to this latest edition.

Wishing you and your friends and family a very Merry Christmas and Happy New Year.

Best wishes,

Jack Eldridge
Managing Director

Our mission: Be the best in class specialist supported living operator in our three regional areas working closely with families, individuals and other local stakeholders.



Care Group of the Year
Finalist 2021



The Supported
Housing Award
Finalist 2021



The Great Autism
Practice Award
Finalist 2021

GRAND OPENING

SANDBACH GRAND OPENING

Tuesday 23rd November saw the opening of our new supported living apartments up in Sandbach – it was opened by Simon Hill the Wellgate Health Chairman.



13th September at Tristford

A fun day was had by all – fabulous outfits and delicious food – the sun shone down on the fun filled day.



HALLOWEEN – FRIGHTENING TIMES IN THE HOMES



TRISTFORD BATTLE OF THE BANDS



RAISING MONEY FOR CHILDREN IN NEED

Tristford did a sponsored walk with the residents and raised over £100.



Millfield had a PJ day to raise money for children in need and all staff and residents completed the biscuit stacking challenge. All covid rules were being followed and the touched biscuits were being thrown away and not eaten.



On Friday 8th October Tristford residents judged the staff performing 60s and 70s Hits – it was such a fun evening for all.



OUR NEW FITNESS CLASS IS UP AND RUNNING

Burnham have started these weekly fitness classes – fun for all the residents and staff



MILLFIELD WATCHING THE FOOTBALL

Resident Steve and Kerry waiting for the match to start.



ITS BEGINNING TO FEEL A LOT LIKE CHRISTMAS.... IN THE HOMES



TRISTFORD TIME CAPSULE

Tristford are going to do a Time Capsule. They will put in memories, letters, pictures – whatever people want to input really. Also focussing partly on the Covid Pandemic and how it has affected everyone. More information will be in the next edition – exciting!

KEEPSAKES
PICTURES TOYS
LETTERS MEMORIES



NEW STAFF BENEFIT – WELLGATE HOLIDAY HOME

Wellgate have rented a house in The Mumbles, which is on the Gower Peninsula in Wales. The house has four double bedrooms, two large reception rooms, a separate kitchen and dining room and two conservatories. There is ample parking and a garden at both the front and rear of the property. The house overlooks the sea and is a short walk from multiple beaches and the nearby town centre with various shops and restaurants. It is the perfect place for a well-deserved get away with friends and family.

It will be available to use, rent free, from January 2022 for any member of staff who has worked with us for more than 6 months. The booking process will be finalised in the next few weeks.



HOME FOR THE
holidays

MEET...

Vanessa Cook Payroll & Accounts Administrator

Vanessa only started working with MNP/Wellgate in August 2021 so we thought it would be really nice to find out a little bit more about her:



RECIPE OF THE QUARTER

Christmas Tiffin

Kelly Parker is our Tristford Registered Manager – she enjoys festive baking and this is something easy to make with her children. She says you can use different types of ingredients depending on the time of year. It also is a no bake recipe – so just pop it in the fridge to set.



1. How long have you worked at MNP and what roles have you had?

I started in August 2021 as Payroll & Accounts Administrator.

2. What is your current daily routine and your responsibilities?

I work 20 hours a week and am usually in the office Monday to Thursday 9am to 2pm. I collate payroll information for Wellgate Supported Living staff. I also process payment of invoices and collection of resident fees.

3. What do you most like about your job?

I like working with numbers so enjoy accounts work.

4. What would you want to do if you weren't working for MNP/Wellgate Care?

I like walking, gardening, music and travelling. I like going to gig's which COVID put on hold but have been to 1 recently and have another planned in December. My husband and I try to grow as much of our own food as possible so I cook seasonally or freeze as much as I can. I have been on two world trip and have travelled in

Africa, India, Nepal, Australia, New Zealand and USA.

5. What's your favourite movie?

I previously worked in the Film and Digital Media industry which gave me the opportunity to walk the red carpet at the Cannes Film Festival and go to an Oscar party and hold the Oscar. I enjoy all sorts of films but cannot get through Christmas without at least one viewing of Die Hard!

6. Who past or present would you like to have dinner with and why?

My answer to this is David Attenborough. It would be great to sit down with him and find out more about some of the animals he has seen and some of the places he has visited. If I could be my younger self I would also try and get a job working with him as I would of liked to of experienced some of the things he has. I also think he has some important things to say about the world we live in!

7. Surprise us with something we could never know about you.

I don't have a television.



Ingredients

1¾ cups (200g) ginger cookies
½ cup (100g) butter
½ cup (150g) golden syrup (corn syrup)
10 oz (300g) milk chocolate chopped
¾ cup (125g) raisins
5 tablespoons dried cranberries
Zest of ½ an orange
½ teaspoon ground cinnamon
¼ teaspoon ground nutmeg

For the topping

7 oz (200g) dark chocolate
3½ oz (100g) white chocolate



Method

Line an 8inch (20cm) square baking pan with baking parchment paper.
Place the cookies onto a clean tea towel or in a bag and bash with a rolling pin to crush up into small pieces. You could also crumble them by hand.
Melt the butter and syrup in a large pan. Add the chopped milk chocolate and stir to melt.
Mix the crushed cookies, raisins, cranberries, zest and spices and mix well, then add to the melted chocolate mixture.
Press the mixture into the pan evenly.
Melt the dark and white chocolate separately. Pour the melted dark chocolate over the tiffin, then drizzle the white chocolate over it and use a cocktail stick or knife to create swirls.
Chill in the fridge for 1 hour to set, then cut into small bars.

DO YOU WANT TO MAKE A DIFFERENCE?

Careers available at Wellgate

Join our dedicated teams providing care and support to adults with physical disabilities. We provide outstanding person-centred care to the people we support, enabling them to live the lives they choose.

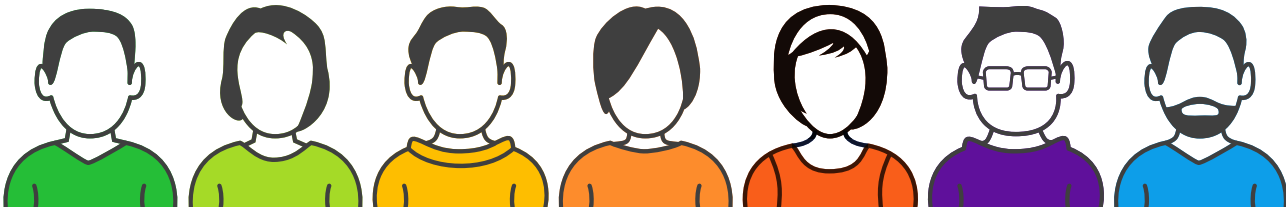
If you know of any friends, family or acquaintances who would be well-suited to work as a carer in any of our homes, please ask them to get in touch or find out more on our careers pages on our websites.

www.wellgatesupportedliving.com
www.wellgatecare.com

“Our Care Assistants play a vital role in providing outstanding, person-centred care to the people we support, enabling them to live the lives they choose.

Working in care can be fulfilling, fun, challenging, full of variety.”





A BIG WELCOME TO THE FOLLOWING RESIDENTS & TENANTS:

XXXXXXXXXXXX XXXXXXXX
XXXXXXXXXXXX XXXXXXXX
XXXXXXXXXXXX XXXXXXXX
XXXXXXXXXXXX XXXXXXXX
XXXXXXXXXXXX XXXXXXXX

A VERY WARM WELCOME TO ALL OUR NEW STAFF MEMBERS:

Poem Kambatuku (Millfield) Domestic Carer
Debbie Manser (Sandgate) Domestic Carer
Luke Pitkin (Tristford) XXXXXXXX job title
Sian Oliver (Sandgate) Tea Time Assistant
Samita Thapa (Sandgate) Flexi Care Assistant
Elizabeth Slater (Burnham) Senior Support Worker
Roxanne Palmer (Sandgate) Support Worker



HAPPY BIRTHDAY TO OUR RESIDENTS AND TENANTS

Josie Grimes 4th November (Millfield)
Nick Booth 16th December (Sandgate)
Alison Laker 5th September (Sandgate)
Ryanne Thetford 25th November (Sandgate)
Sarah Barker 26th December (Sandgate)
Ian Carwithen 7th October (Tristford)
Paula Demetriou 15th December (Tristford)

Christine Lee 17th December (Tristford)
Harry Gladden 2nd December (The Lodge)
Daniel O’Keefe 10th December (The Lodge)
Tony Macey 9th November (The Lodge)
Joe Johnson 27th November (The Lodge)
Lee Dennis 19th October (The Lodge)

DON’T FORGET TO LIKE OUR SOCIAL PAGES!

   @WellgateCare



AND WE ARE SAD TO SAY GOODBYE TO THE FOLLOWING STAFF LEAVING

Annette Davis
Annette worked with us from 2008 – 2021 as a XXXXXXXX XXXXXX
at XXXXXX XXXXXXXX

CLOCKING UP THE YEARS

Congratulations and thank you to the following staff who have been working for MNP / Wellgate for over 10 years this quarter:

XXXXXXXX XXXXXXXX
Personal Carer (20 years) at Sandgate Manor



ASK DEBBIE?

For anyone and everyone connected

Do you have any questions, suggestions or feedback about the way we do things at Wellgate Care? If so, you can now get in touch with our Director of Care Debbie Smith at: askdebbie@wellgatecare.com

We are keen to know what you think works well and what could be done better, so please drop Debbie a line if you have any thoughts or ideas.

Anyone connected with our care services is welcome to get in touch, and all feedback will be treated sensitively, in line with our Confidentiality Policy.

Subscribe to our newsletter



Your Email



INTERESTED..?

If you enjoy reading the newsletter and would like a more regular immersive experience, why don't you sign up to our newsletter and be the 1st to receive the next issue straight to your inbox..?

Please send your email address to:
newsletter@wellgatecare.com

Start looking forward to receiving the next issue, thank you.

AND FINALLY... NOTHING WRONG WITH A LITTLE BIT OF SELF-PROMOTION

These days whether it's a hotel, restaurant or taxi driver, life is measured through reviews and as with many other care homes we need to actively promote the fantastic work of our staff and the homes more generally. Would you be happy to write a review about the home you or your family member lives in? If so, please speak to your manager to fill in the form or visit carehome.co.uk to fill in the online review form. Thanks very much.





**WE WANT TO
HEAR FROM YOU...**

**...ABOUT WHAT'S GOING ON
ACROSS OUR HOMES AT WELLGATE!**

EVENTS | ACTIVITIES | TRAINING | NEWS | FUNDRAISING

Please email your news and pictures to:
newsletter@wellgatecare.com
to be included in the next issue, thank you

RECRUIT A FRIEND

If you know any friends or family who would be well-suited to work as a carer in any of our homes, please ask them to contact our HR/Careers department on...

01303 244 428

If they are successful we will give you £150 as a thank you!



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